



, 21-22

2022

(25)

15
21.09.2022 - 16:15

, 400m

2008

: FINA 2021

1.				01				4:13.85	584	I		
	50m:	27.51	27.51	150m:	1:29.22	31.37	250m:	2:34.30	32.90	350m:	3:41.47	33.66
	100m:	57.85	30.34	200m:	2:01.40	32.18	300m:	3:07.81	33.51	400m:	4:13.85	32.38
2.				07				4:20.02	543	I		
	50m:	29.73	29.73	150m:	1:33.89	32.28	250m:	2:40.53	33.43	350m:	3:47.98	33.54
	100m:	1:01.61	31.88	200m:	2:07.10	33.21	300m:	3:14.44	33.91	400m:	4:20.02	32.04
3.				07				4:20.16	543	I		
	50m:	30.95	30.95	150m:	1:37.97	33.88	250m:	2:44.58	33.19	350m:	3:50.29	32.38
	100m:	1:04.09	33.14	200m:	2:11.39	33.42	300m:	3:17.91	33.33	400m:	4:20.16	29.87
4.				07				4:23.93	520	I		
	50m:	30.02	30.02	150m:	1:35.29	33.02	250m:	2:41.97	33.47	350m:	3:50.86	34.54
	100m:	1:02.27	32.25	200m:	2:08.50	33.21	300m:	3:16.32	34.35	400m:	4:23.93	33.07
5.				06				4:24.94	514	I		
	50m:	30.74	30.74	150m:	1:37.90	33.86	250m:	2:45.97	33.73	350m:	3:52.68	32.93
	100m:	1:04.04	33.30	200m:	2:12.24	34.34	300m:	3:19.75	33.78	400m:	4:24.94	32.26
6.				05				4:25.55	510	I		
	50m:	30.44	30.44	150m:	1:36.67	33.08	250m:	2:43.90	33.71	350m:	3:51.84	33.75
	100m:	1:03.59	33.15	200m:	2:10.19	33.52	300m:	3:18.09	34.19	400m:	4:25.55	33.71
7.				05				4:33.58	466	II		
	50m:	31.76	31.76	150m:	1:40.06	34.34	250m:	2:49.64	34.69	350m:	3:58.88	33.98
	100m:	1:05.72	33.96	200m:	2:14.95	34.89	300m:	3:24.90	35.26	400m:	4:33.58	34.70
8.				08				4:38.68	441	II		
	50m:	32.06	32.06	150m:	1:42.81	35.51	250m:	2:54.61	35.37	350m:	4:05.63	34.51
	100m:	1:07.30	35.24	200m:	2:19.24	36.43	300m:	3:31.12	36.51	400m:	4:38.68	33.05
9.				08				4:43.41	420	II		
	50m:	31.66	31.66	150m:	1:41.85	35.25	250m:	2:54.57	36.21	350m:	4:07.63	36.34
	100m:	1:06.60	34.94	200m:	2:18.36	36.51	300m:	3:31.29	36.72	400m:	4:43.41	35.78
10.				08				4:47.60	401	II		
	50m:	32.80	32.80	150m:	1:45.59	36.45	250m:	2:58.30	36.63	350m:	4:11.56	36.52
	100m:	1:09.14	36.34	200m:	2:21.67	36.08	300m:	3:35.04	36.74	400m:	4:47.60	36.04
11.				08				4:53.52	378	II		
	50m:	32.48	32.48	150m:	1:46.16	36.81	250m:	3:00.25	37.33	350m:	4:17.28	38.63
	100m:	1:09.35	36.87	200m:	2:22.92	36.76	300m:	3:38.65	38.40	400m:	4:53.52	36.24
12.				08				5:02.86	344	II		
	50m:	32.76	32.76	150m:	1:47.80	38.02	250m:	3:05.16	38.40	350m:	4:24.36	38.88
	100m:	1:09.78	37.02	200m:	2:26.76	38.96	300m:	3:45.48	40.32	400m:	5:02.86	38.50

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