



, 21-22

2022

(25)

34
22.09.2022 - 16:20

, 400m

2010

: FINA 2021

1.				06					5:10.25	581		
	50m:	31.42	31.42	150m:	1:49.64	39.70	250m:	3:13.38	44.65	350m:	4:35.51	36.77
	100m:	1:09.94	38.52	200m:	2:28.73	39.09	300m:	3:58.74	45.36	400m:	5:10.25	34.74
2.				08						5:11.22	575	
	50m:	34.23	34.23	150m:	1:55.56	40.52	250m:	3:17.83	43.42	350m:	4:37.76	36.26
	100m:	1:15.04	40.81	200m:	2:34.41	38.85	300m:	4:01.50	43.67	400m:	5:11.22	33.46
3.				09						5:22.73	516	I
	50m:	35.94	35.94	150m:	1:59.12	41.14	250m:	3:25.72	46.54	350m:	4:48.08	35.94
	100m:	1:17.98	42.04	200m:	2:39.18	40.06	300m:	4:12.14	46.42	400m:	5:22.73	34.65
4.				09						5:32.74	471	I
	50m:	36.51	36.51	150m:	2:02.56	42.97	250m:	3:28.93	44.96	350m:	4:55.81	40.42
	100m:	1:19.59	43.08	200m:	2:43.97	41.41	300m:	4:15.39	46.46	400m:	5:32.74	36.93
5.				07						5:55.00	388	II
	50m:	35.76	35.76	150m:	2:04.41	45.00	250m:	3:39.04	50.73	350m:	5:12.87	44.58
	100m:	1:19.41	43.65	200m:	2:48.31	43.90	300m:	4:28.29	49.25	400m:	5:55.00	42.13
DSQ				09						5:46.39		II
	50m:	37.80	37.80	150m:	2:08.94	46.68	250m:	3:40.39	45.89	350m:	5:07.34	41.23
	100m:	1:22.26	44.46	200m:	2:54.50	45.56	300m:	4:26.11	45.72	400m:	5:46.39	39.05
DSQ				08						6:04.56		II
	50m:	41.93	41.93	150m:	2:16.70	44.19	250m:	3:50.73	49.60	350m:	5:24.43	43.10
	100m:	1:32.51	50.58	200m:	3:01.13	44.43	300m:	4:41.33	50.60	400m:	6:04.56	40.13