



, 26-28

2023

34

, 400m

28.09.2023 - 15:35

: FINA 2022

1.				06				-1	5:06.12	605		
	25m:	14.16	14.16	125m:	1:28.97	19.37	225m:	2:47.16	22.43	325m:	4:14.33	18.32
	50m:	31.75	17.59	150m:	1:47.57	18.60	250m:	3:09.95	22.79	350m:	4:32.13	17.80
	75m:	50.32	18.57	175m:	2:06.23	18.66	275m:	3:33.20	23.25	375m:	4:49.61	17.48
	100m:	1:09.60	19.28	200m:	2:24.73	18.50	300m:	3:56.01	22.81	400m:	5:06.12	16.51
2.				08						5:16.13	549	
	25m:	15.05	15.05	125m:	1:36.49	20.91	225m:	2:58.39	22.34	325m:	4:23.98	18.37
	50m:	34.05	19.00	150m:	1:56.24	19.75	250m:	3:20.69	22.30	350m:	4:42.05	18.07
	75m:	55.01	20.96	175m:	2:16.63	20.39	275m:	3:43.39	22.70	375m:	4:59.79	17.74
	100m:	1:15.58	20.57	200m:	2:36.05	19.42	300m:	4:05.61	22.22	400m:	5:16.13	16.34
3.				04				-1	5:21.04	524	I	
	25m:	15.34	15.34	125m:	1:35.36	22.24	225m:	2:58.52	22.05	325m:	4:26.28	20.04
	50m:	34.27	18.93	150m:	1:55.81	20.45	250m:	3:20.83	22.31	350m:	4:45.80	19.52
	75m:	53.78	19.51	175m:	2:16.13	20.32	275m:	3:43.43	22.60	375m:	5:03.95	18.15
	100m:	1:13.12	19.34	200m:	2:36.47	20.34	300m:	4:06.24	22.81	400m:	5:21.04	17.09
4.				09						5:26.39	499	I
	25m:	16.00	16.00	125m:	1:38.63	21.24	225m:	3:03.95	23.74	325m:	4:33.76	18.83
	50m:	35.46	19.46	150m:	1:59.12	20.49	250m:	3:27.48	23.53	350m:	4:52.02	18.26
	75m:	56.58	21.12	175m:	2:19.76	20.64	275m:	3:51.28	23.80	375m:	5:10.35	18.33
	100m:	1:17.39	20.81	200m:	2:40.21	20.45	300m:	4:14.93	23.65	400m:	5:26.39	16.04
5.				09						5:26.64	498	I
	25m:	15.27	15.27	125m:	1:38.52	21.72	225m:	3:03.76	22.57	325m:	4:31.40	19.63
	50m:	34.81	19.54	150m:	1:59.60	21.08	250m:	3:26.14	22.38	350m:	4:50.52	19.12
	75m:	55.24	20.43	175m:	2:20.69	21.09	275m:	3:48.82	22.68	375m:	5:09.44	18.92
	100m:	1:16.80	21.56	200m:	2:41.19	20.50	300m:	4:11.77	22.95	400m:	5:26.64	17.20
6.				10		II				5:43.55	428	II
	25m:	16.51	16.51	125m:	1:42.05	21.98	225m:	3:12.27	24.61	325m:	4:46.34	19.50
	50m:	36.60	20.09	150m:	2:03.72	21.67	250m:	3:37.44	25.17	350m:	5:05.90	19.56
	75m:	58.25	21.65	175m:	2:26.11	22.39	275m:	4:02.39	24.95	375m:	5:25.44	19.54
	100m:	1:20.07	21.82	200m:	2:47.66	21.55	300m:	4:26.84	24.45	400m:	5:43.55	18.11
7.				08						5:45.33	421	II
	25m:	16.03	16.03	125m:	1:42.58	22.35	225m:	3:11.50	24.47	325m:	4:46.27	20.83
	50m:	36.02	19.99	150m:	2:04.05	21.47	250m:	3:35.70	24.20	350m:	5:06.58	20.31
	75m:	57.45	21.43	175m:	2:25.62	21.57	275m:	4:00.34	24.64	375m:	5:26.24	19.66
	100m:	1:20.23	22.78	200m:	2:47.03	21.41	300m:	4:25.44	25.10	400m:	5:45.33	19.09
8.				11		I			-1	5:46.96	415	II
	25m:	17.24	17.24	125m:	1:48.31	22.59	225m:	3:17.88	24.15	325m:	4:50.29	19.63
	50m:	38.59	21.35	150m:	2:10.42	22.11	250m:	3:42.03	24.15	350m:	5:10.09	19.80
	75m:	1:01.57	22.98	175m:	2:32.23	21.81	275m:	4:06.59	24.56	375m:	5:29.26	19.17
	100m:	1:25.72	24.15	200m:	2:53.73	21.50	300m:	4:30.66	24.07	400m:	5:46.96	17.70
9.				09		II				5:47.53	413	II
	25m:	16.60	16.60	125m:	2:28.04	1:07.92	225m:	4:05.65	1:14.64	325m:	5:29.88	58.95
	50m:	36.72	20.12	150m:	2:05.65		250m:	3:40.58		350m:	5:10.71	
	75m:	58.27	21.55	175m:	3:16.09	1:10.44	275m:	4:51.06	1:10.48	400m:	5:47.53	36.82
	100m:	1:20.12	21.85	200m:	2:51.01		300m:	4:30.93				

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Swiss Timing Quantum Aquatic



" , 26-28 " 2023

34, , 400m ,

10.				10	II			-2	5:52.02	398	II	
	25m:	17.16	17.16	125m:	1:46.61	22.54	225m:	3:17.56	24.66	325m:	4:52.83	21.15
	50m:	38.30	21.14	150m:	2:08.54	21.93	250m:	3:42.15	24.59	350m:	5:13.19	20.36
	75m:	1:00.69	22.39	175m:	2:30.74	22.20	275m:	4:07.24	25.09	375m:	5:33.92	20.73
	100m:	1:24.07	23.38	200m:	2:52.90	22.16	300m:	4:31.68	24.44	400m:	5:52.02	18.10

11.				10	II					6:03.43	361	II
	25m:	16.64	16.64	125m:	1:47.58	22.74	225m:	3:19.04	23.17	325m:	4:59.92	22.76
	50m:	37.08	20.44	150m:	2:10.37	22.79	250m:	3:44.77	25.73	350m:	5:22.23	22.31
	75m:	1:00.49	23.41	175m:	2:33.45	23.08	275m:	4:09.94	25.17	375m:	5:45.13	22.90
	100m:	1:24.84	24.35	200m:	2:55.87	22.42	300m:	4:37.16	27.22	400m:	6:03.43	18.30

12.				08	I					6:04.56	358	II
	25m:	16.21	16.21	125m:	1:49.41	24.04	225m:	3:22.84	26.54	325m:	5:03.89	21.36
	50m:	37.03	20.82	150m:	2:11.96	22.55	250m:	3:49.02	26.18	350m:	5:24.92	21.03
	75m:	1:00.43	23.40	175m:	2:34.31	22.35	275m:	4:15.40	26.38	375m:	5:45.61	20.69
	100m:	1:25.37	24.94	200m:	2:56.30	21.99	300m:	4:42.53	27.13	400m:	6:04.56	18.95

(15-17)

1.				06				-1	5:06.12	605		
	25m:	14.16	14.16	125m:	1:28.97	19.37	225m:	2:47.16	22.43	325m:	4:14.33	18.32
	50m:	31.75	17.59	150m:	1:47.57	18.60	250m:	3:09.95	22.79	350m:	4:32.13	17.80
	75m:	50.32	18.57	175m:	2:06.23	18.66	275m:	3:33.20	23.25	375m:	4:49.61	17.48
	100m:	1:09.60	19.28	200m:	2:24.73	18.50	300m:	3:56.01	22.81	400m:	5:06.12	16.51

2.				08						5:16.13	549	
	25m:	15.05	15.05	125m:	1:36.49	20.91	225m:	2:58.39	22.34	325m:	4:23.98	18.37
	50m:	34.05	19.00	150m:	1:56.24	19.75	250m:	3:20.69	22.30	350m:	4:42.05	18.07
	75m:	55.01	20.96	175m:	2:16.63	20.39	275m:	3:43.39	22.70	375m:	4:59.79	17.74
	100m:	1:15.58	20.57	200m:	2:36.05	19.42	300m:	4:05.61	22.22	400m:	5:16.13	16.34

3.				08						5:45.33	421	II
	25m:	16.03	16.03	125m:	1:42.58	22.35	225m:	3:11.50	24.47	325m:	4:46.27	20.83
	50m:	36.02	19.99	150m:	2:04.05	21.47	250m:	3:35.70	24.20	350m:	5:06.58	20.31
	75m:	57.45	21.43	175m:	2:25.62	21.57	275m:	4:00.34	24.64	375m:	5:26.24	19.66
	100m:	1:20.23	22.78	200m:	2:47.03	21.41	300m:	4:25.44	25.10	400m:	5:45.33	19.09

4.				08	I					6:04.56	358	II
	25m:	16.21	16.21	125m:	1:49.41	24.04	225m:	3:22.84	26.54	325m:	5:03.89	21.36
	50m:	37.03	20.82	150m:	2:11.96	22.55	250m:	3:49.02	26.18	350m:	5:24.92	21.03
	75m:	1:00.43	23.40	175m:	2:34.31	22.35	275m:	4:15.40	26.38	375m:	5:45.61	20.69
	100m:	1:25.37	24.94	200m:	2:56.30	21.99	300m:	4:42.53	27.13	400m:	6:04.56	18.95

(13-14)

1.				09						5:26.39	499	I
	25m:	16.00	16.00	125m:	1:38.63	21.24	225m:	3:03.95	23.74	325m:	4:33.76	18.83
	50m:	35.46	19.46	150m:	1:59.12	20.49	250m:	3:27.48	23.53	350m:	4:52.02	18.26
	75m:	56.58	21.12	175m:	2:19.76	20.64	275m:	3:51.28	23.80	375m:	5:10.35	18.33
	100m:	1:17.39	20.81	200m:	2:40.21	20.45	300m:	4:14.93	23.65	400m:	5:26.39	16.04

2.				09						5:26.64	498	I
	25m:	15.27	15.27	125m:	1:38.52	21.72	225m:	3:03.76	22.57	325m:	4:31.40	19.63
	50m:	34.81	19.54	150m:	1:59.60	21.08	250m:	3:26.14	22.38	350m:	4:50.52	19.12
	75m:	55.24	20.43	175m:	2:20.69	21.09	275m:	3:48.82	22.68	375m:	5:09.44	18.92
	100m:	1:16.80	21.56	200m:	2:41.19	20.50	300m:	4:11.77	22.95	400m:	5:26.64	17.20



" " , 26-28 2023

34, , 400m , (13-14)

3.				10					5:43.55	428		
	25m:	16.51	16.51	125m:	1:42.05	21.98	225m:	3:12.27	24.61	325m:	4:46.34	19.50
	50m:	36.60	20.09	150m:	2:03.72	21.67	250m:	3:37.44	25.17	350m:	5:05.90	19.56
	75m:	58.25	21.65	175m:	2:26.11	22.39	275m:	4:02.39	24.95	375m:	5:25.44	19.54
	100m:	1:20.07	21.82	200m:	2:47.66	21.55	300m:	4:26.84	24.45	400m:	5:43.55	18.11
4.				09						5:47.53	413	
	25m:	16.60	16.60	125m:	2:28.04	1:07.92	225m:	4:05.65	1:14.64	325m:	5:29.88	58.95
	50m:	36.72	20.12	150m:	2:05.65		250m:	3:40.58		350m:	5:10.71	
	75m:	58.27	21.55	175m:	3:16.09	1:10.44	275m:	4:51.06	1:10.48	400m:	5:47.53	36.82
	100m:	1:20.12	21.85	200m:	2:51.01		300m:	4:30.93				
5.				10					-2	5:52.02	398	
	25m:	17.16	17.16	125m:	1:46.61	22.54	225m:	3:17.56	24.66	325m:	4:52.83	21.15
	50m:	38.30	21.14	150m:	2:08.54	21.93	250m:	3:42.15	24.59	350m:	5:13.19	20.36
	75m:	1:00.69	22.39	175m:	2:30.74	22.20	275m:	4:07.24	25.09	375m:	5:33.92	20.73
	100m:	1:24.07	23.38	200m:	2:52.90	22.16	300m:	4:31.68	24.44	400m:	5:52.02	18.10
6.				10						6:03.43	361	
	25m:	16.64	16.64	125m:	1:47.58	22.74	225m:	3:19.04	23.17	325m:	4:59.92	22.76
	50m:	37.08	20.44	150m:	2:10.37	22.79	250m:	3:44.77	25.73	350m:	5:22.23	22.31
	75m:	1:00.49	23.41	175m:	2:33.45	23.08	275m:	4:09.94	25.17	375m:	5:45.13	22.90
	100m:	1:24.84	24.35	200m:	2:55.87	22.42	300m:	4:37.16	27.22	400m:	6:03.43	18.30