



, 26-28 " 2023

36 , 800m
28.09.2023 - 16:09

: FINA 2022

1.				06					9:40.83	562	I	
	25m:	14.87	14.87	225m:	2:40.14	18.52	425m:	5:08.02	18.40	625m:	7:35.85	18.09
	50m:	31.96	17.09	250m:	2:58.77	18.63	450m:	5:26.45	18.43	650m:	7:54.48	18.63
	75m:	49.81	17.85	275m:	3:17.18	18.41	475m:	5:45.09	18.64	675m:	8:12.74	18.26
	100m:	1:08.11	18.30	300m:	3:35.65	18.47	500m:	6:03.55	18.46	700m:	8:31.12	18.38
	125m:	1:26.12	18.01	325m:	3:54.18	18.53	525m:	6:22.03	18.48	725m:	8:49.52	18.40
	150m:	1:44.46	18.34	350m:	4:12.55	18.37	550m:	6:40.80	18.77	750m:	9:07.77	18.25
	175m:	2:03.06	18.60	375m:	4:31.07	18.52	575m:	6:59.19	18.39	775m:	9:24.07	16.30
	200m:	2:21.62	18.56	400m:	4:49.62	18.55	600m:	7:17.76	18.57	800m:	9:40.83	16.76
2.				08						9:48.91	539	I
	25m:	15.41	15.41	225m:	2:42.49	18.37	425m:	5:13.08	18.84	625m:	7:41.54	18.89
	50m:	32.88	17.47	250m:	3:01.54	19.05	450m:	5:31.59	18.51	650m:	8:00.56	19.02
	75m:	51.00	18.12	275m:	3:20.51	18.97	475m:	5:50.29	18.70	675m:	8:19.09	18.53
	100m:	1:09.51	18.51	300m:	3:39.09	18.58	500m:	6:08.97	18.68	700m:	8:37.68	18.59
	125m:	1:28.01	18.50	325m:	3:57.69	18.60	525m:	6:27.55	18.58	725m:	8:56.16	18.48
	150m:	1:46.69	18.68	350m:	4:16.43	18.74	550m:	6:46.07	18.52	750m:	9:14.60	18.44
	175m:	2:05.31	18.62	375m:	4:35.33	18.90	575m:	7:04.31	18.24	775m:	9:32.50	17.90
	200m:	2:24.12	18.81	400m:	4:54.24	18.91	600m:	7:22.65	18.34	800m:	9:48.91	16.41
3.				09						9:55.69	521	I
	25m:	15.62	15.62	225m:	2:42.85	18.69	425m:	5:13.56	19.10	625m:	7:45.52	18.99
	50m:	33.10	17.48	250m:	3:01.43	18.58	450m:	5:32.54	18.98	650m:	8:04.83	19.31
	75m:	51.35	18.25	275m:	3:20.07	18.64	475m:	5:51.07	18.53	675m:	8:23.32	18.49
	100m:	1:09.76	18.41	300m:	3:38.86	18.79	500m:	6:10.64	19.57	700m:	8:42.71	19.39
	125m:	1:28.30	18.54	325m:	3:57.47	18.61	525m:	6:29.73	19.09	725m:	9:01.51	18.80
	150m:	1:46.69	18.39	350m:	4:16.49	19.02	550m:	6:48.97	19.24	750m:	9:20.37	18.86
	175m:	2:05.46	18.77	375m:	4:35.38	18.89	575m:	7:07.53	18.56	775m:	9:38.19	17.82
	200m:	2:24.16	18.70	400m:	4:54.46	19.08	600m:	7:26.53	19.00	800m:	9:55.69	17.50
4.				08						10:03.45	501	I
	25m:	15.75	15.75	225m:	2:42.89	18.45	425m:	5:13.68	18.83	625m:	7:47.33	19.85
	50m:	33.34	17.59	250m:	3:01.66	18.77	450m:	5:32.87	19.19	650m:	8:06.48	19.15
	75m:	51.58	18.24	275m:	3:20.09	18.43	475m:	5:51.69	18.82	675m:	8:25.68	19.20
	100m:	1:10.04	18.46	300m:	3:39.03	18.94	500m:	6:11.29	19.60	700m:	8:45.20	19.52
	125m:	1:28.49	18.45	325m:	3:57.92	18.89	525m:	6:30.38	19.09	725m:	9:04.66	19.46
	150m:	1:46.99	18.50	350m:	4:16.93	19.01	550m:	6:49.62	19.24	750m:	9:25.71	21.05
	175m:	2:05.66	18.67	375m:	4:35.93	19.00	575m:	7:08.20	18.58	775m:	9:45.23	19.52
	200m:	2:24.44	18.78	400m:	4:54.85	18.92	600m:	7:27.48	19.28	800m:	10:03.45	18.22
5.				09						10:13.14	477	I
	25m:	16.68	16.68	225m:	2:49.25	19.38	425m:	5:25.13	19.28	625m:	8:00.84	19.24
	50m:	35.07	18.39	250m:	3:08.85	19.60	450m:	5:44.90	19.77	650m:	8:20.56	19.72
	75m:	53.49	18.42	275m:	3:28.26	19.41	475m:	6:04.41	19.51	675m:	8:39.87	19.31
	100m:	1:12.58	19.09	300m:	3:47.95	19.69	500m:	6:24.24	19.83	700m:	8:59.74	19.87
	125m:	1:31.67	19.09	325m:	4:07.46	19.51	525m:	6:43.67	19.43	725m:	9:19.04	19.30
	150m:	1:51.07	19.40	350m:	4:27.16	19.70	550m:	7:03.15	19.48	750m:	9:38.25	19.21
	175m:	2:10.53	19.46	375m:	4:46.40	19.24	575m:	7:22.35	19.20	775m:	9:56.11	17.86
	200m:	2:29.87	19.34	400m:	5:05.85	19.45	600m:	7:41.60	19.25	800m:	10:13.14	17.03



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6.				08	 			10:52.42	396	 		
	25m:	15.90	15.90	225m:	2:56.31	20.40	425m:	5:43.03	21.02	625m:	8:30.66	20.60
	50m:	34.58	18.68	250m:	3:17.03	20.72	450m:	6:04.22	21.19	650m:	8:51.71	21.05
	75m:	54.42	19.84	275m:	3:37.73	20.70	475m:	6:24.95	20.73	675m:	9:12.15	20.44
	100m:	1:14.30	19.88	300m:	3:58.30	20.57	500m:	6:46.63	21.68	700m:	9:32.97	20.82
	125m:	1:34.85	20.55	325m:	4:19.44	21.14	525m:	7:07.34	20.71	725m:	9:53.21	20.24
	150m:	1:55.50	20.65	350m:	4:40.36	20.92	550m:	7:28.18	20.84	750m:	10:13.80	20.59
	175m:	2:15.29	19.79	375m:	5:01.08	20.72	575m:	7:48.88	20.70	775m:	10:33.43	19.63
	200m:	2:35.91	20.62	400m:	5:22.01	20.93	600m:	8:10.06	21.18	800m:	10:52.42	18.99

7.				10	 			11:02.93	378	 		
	25m:	16.87	16.87	225m:	3:01.82	21.44	425m:	5:52.99	21.48	625m:	8:43.88	21.55
	50m:	36.21	19.34	250m:	3:22.83	21.01	450m:	6:14.25	21.26	650m:	9:05.04	21.16
	75m:	56.63	20.42	275m:	3:44.43	21.60	475m:	6:36.25	22.00	675m:	9:25.91	20.87
	100m:	1:17.31	20.68	300m:	4:05.79	21.36	500m:	6:57.78	21.53	700m:	9:46.07	20.16
	125m:	1:38.62	21.31	325m:	4:27.51	21.72	525m:	7:19.04	21.26	725m:	10:05.92	19.85
	150m:	1:59.09	20.47	350m:	4:48.06	20.55	550m:	7:40.44	21.40	750m:	10:25.74	19.82
	175m:	2:20.36	21.27	375m:	5:09.99	21.93	575m:	8:01.43	20.99	775m:	10:44.66	18.92
	200m:	2:40.38	20.02	400m:	5:31.51	21.52	600m:	8:22.33	20.90	800m:	11:02.93	18.27

8.				09	 			11:08.32	368	 		
	25m:	17.19	17.19	225m:	3:01.19	20.91	425m:	5:52.19	21.61	625m:	8:43.29	21.18
	50m:	36.46	19.27	250m:	3:22.11	20.92	450m:	6:13.78	21.59	650m:	9:04.68	21.39
	75m:	56.32	19.86	275m:	3:43.73	21.62	475m:	6:35.11	21.33	675m:	9:25.68	21.00
	100m:	1:16.91	20.59	300m:	4:05.29	21.56	500m:	6:56.82	21.71	700m:	9:46.75	21.07
	125m:	1:37.73	20.82	325m:	4:26.31	21.02	525m:	7:17.96	21.14	725m:	10:06.22	19.47
	150m:	1:58.58	20.85	350m:	4:47.55	21.24	550m:	7:39.66	21.70	750m:	10:26.96	20.74
	175m:	2:19.76	21.18	375m:	5:09.06	21.51	575m:	8:00.63	20.97	775m:	10:47.87	20.91
	200m:	2:40.28	20.52	400m:	5:30.58	21.52	600m:	8:22.11	21.48	800m:	11:08.32	20.45

9.				10	 			11:14.72	358	 		
	25m:	17.52	17.52	225m:	3:03.65	21.47	425m:	5:55.41	21.71	625m:	8:47.97	21.10
	50m:	36.87	19.35	250m:	3:24.68	21.03	450m:	6:16.99	21.58	650m:	9:09.04	21.07
	75m:	57.16	20.29	275m:	3:46.15	21.47	475m:	6:38.87	21.88	675m:	9:31.08	22.04
	100m:	1:18.08	20.92	300m:	4:07.36	21.21	500m:	7:00.38	21.51	700m:	9:51.85	20.77
	125m:	1:39.01	20.93	325m:	4:28.88	21.52	525m:	7:21.90	21.52	725m:	10:13.43	21.58
	150m:	2:00.11	21.10	350m:	4:50.70	21.82	550m:	7:43.38	21.48	750m:	10:34.64	21.21
	175m:	2:21.19	21.08	375m:	5:12.34	21.64	575m:	8:05.51	22.13	775m:	10:55.82	21.18
	200m:	2:42.18	20.99	400m:	5:33.70	21.36	600m:	8:26.87	21.36	800m:	11:14.72	18.90

(15-17)

1.				06				9:40.83	562	I		
	25m:	14.87	14.87	225m:	2:40.14	18.52	425m:	5:08.02	18.40	625m:	7:35.85	18.09
	50m:	31.96	17.09	250m:	2:58.77	18.63	450m:	5:26.45	18.43	650m:	7:54.48	18.63
	75m:	49.81	17.85	275m:	3:17.18	18.41	475m:	5:45.09	18.64	675m:	8:12.74	18.26
	100m:	1:08.11	18.30	300m:	3:35.65	18.47	500m:	6:03.55	18.46	700m:	8:31.12	18.38
	125m:	1:26.12	18.01	325m:	3:54.18	18.53	525m:	6:22.03	18.48	725m:	8:49.52	18.40
	150m:	1:44.46	18.34	350m:	4:12.55	18.37	550m:	6:40.80	18.77	750m:	9:07.77	18.25
	175m:	2:03.06	18.60	375m:	4:31.07	18.52	575m:	6:59.19	18.39	775m:	9:24.07	16.30
	200m:	2:21.62	18.56	400m:	4:49.62	18.55	600m:	7:17.76	18.57	800m:	9:40.83	16.76

2.				08	I			9:48.91	539	I		
	25m:	15.41	15.41	225m:	2:42.49	18.37	425m:	5:13.08	18.84	625m:	7:41.54	18.89
	50m:	32.88	17.47	250m:	3:01.54	19.05	450m:	5:31.59	18.51	650m:	8:00.56	19.02
	75m:	51.00	18.12	275m:	3:20.51	18.97	475m:	5:50.29	18.70	675m:	8:19.09	18.53
	100m:	1:09.51	18.51	300m:	3:39.09	18.58	500m:	6:08.97	18.68	700m:	8:37.68	18.59
	125m:	1:28.01	18.50	325m:	3:57.69	18.60	525m:	6:27.55	18.58	725m:	8:56.16	18.48
	150m:	1:46.69	18.68	350m:	4:16.43	18.74	550m:	6:46.07	18.52	750m:	9:14.60	18.44
	175m:	2:05.31	18.62	375m:	4:35.33	18.90	575m:	7:04.31	18.24	775m:	9:32.50	17.90
	200m:	2:24.12	18.81	400m:	4:54.24	18.91	600m:	7:22.65	18.34	800m:	9:48.91	16.41

lenswimming.ru



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36, , 800m , (15-17)

3.				08					10:03.45	501	I	
	25m:	15.75	15.75	225m:	2:42.89	18.45	425m:	5:13.68	18.83	625m:	7:47.33	19.85
	50m:	33.34	17.59	250m:	3:01.66	18.77	450m:	5:32.87	19.19	650m:	8:06.48	19.15
	75m:	51.58	18.24	275m:	3:20.09	18.43	475m:	5:51.69	18.82	675m:	8:25.68	19.20
	100m:	1:10.04	18.46	300m:	3:39.03	18.94	500m:	6:11.29	19.60	700m:	8:45.20	19.52
	125m:	1:28.49	18.45	325m:	3:57.92	18.89	525m:	6:30.38	19.09	725m:	9:04.66	19.46
	150m:	1:46.99	18.50	350m:	4:16.93	19.01	550m:	6:49.62	19.24	750m:	9:25.71	21.05
	175m:	2:05.66	18.67	375m:	4:35.93	19.00	575m:	7:08.20	18.58	775m:	9:45.23	19.52
	200m:	2:24.44	18.78	400m:	4:54.85	18.92	600m:	7:27.48	19.28	800m:	10:03.45	18.22

4.				08	II				10:52.42	396	II	
	25m:	15.90	15.90	225m:	2:56.31	20.40	425m:	5:43.03	21.02	625m:	8:30.66	20.60
	50m:	34.58	18.68	250m:	3:17.03	20.72	450m:	6:04.22	21.19	650m:	8:51.71	21.05
	75m:	54.42	19.84	275m:	3:37.73	20.70	475m:	6:24.95	20.73	675m:	9:12.15	20.44
	100m:	1:14.30	19.88	300m:	3:58.30	20.57	500m:	6:46.63	21.68	700m:	9:32.97	20.82
	125m:	1:34.85	20.55	325m:	4:19.44	21.14	525m:	7:07.34	20.71	725m:	9:53.21	20.24
	150m:	1:55.50	20.65	350m:	4:40.36	20.92	550m:	7:28.18	20.84	750m:	10:13.80	20.59
	175m:	2:15.29	19.79	375m:	5:01.08	20.72	575m:	7:48.88	20.70	775m:	10:33.43	19.63
	200m:	2:35.91	20.62	400m:	5:22.01	20.93	600m:	8:10.06	21.18	800m:	10:52.42	18.99

(13-14)

1.				09					9:55.69	521	I	
	25m:	15.62	15.62	225m:	2:42.85	18.69	425m:	5:13.56	19.10	625m:	7:45.52	18.99
	50m:	33.10	17.48	250m:	3:01.43	18.58	450m:	5:32.54	18.98	650m:	8:04.83	19.31
	75m:	51.35	18.25	275m:	3:20.07	18.64	475m:	5:51.07	18.53	675m:	8:23.32	18.49
	100m:	1:09.76	18.41	300m:	3:38.86	18.79	500m:	6:10.64	19.57	700m:	8:42.71	19.39
	125m:	1:28.30	18.54	325m:	3:57.47	18.61	525m:	6:29.73	19.09	725m:	9:01.51	18.80
	150m:	1:46.69	18.39	350m:	4:16.49	19.02	550m:	6:48.97	19.24	750m:	9:20.37	18.86
	175m:	2:05.46	18.77	375m:	4:35.38	18.89	575m:	7:07.53	18.56	775m:	9:38.19	17.82
	200m:	2:24.16	18.70	400m:	4:54.46	19.08	600m:	7:26.53	19.00	800m:	9:55.69	17.50

2.				09	II				10:13.14	477	I	
	25m:	16.68	16.68	225m:	2:49.25	19.38	425m:	5:25.13	19.28	625m:	8:00.84	19.24
	50m:	35.07	18.39	250m:	3:08.85	19.60	450m:	5:44.90	19.77	650m:	8:20.56	19.72
	75m:	53.49	18.42	275m:	3:28.26	19.41	475m:	6:04.41	19.51	675m:	8:39.87	19.31
	100m:	1:12.58	19.09	300m:	3:47.95	19.69	500m:	6:24.24	19.83	700m:	8:59.74	19.87
	125m:	1:31.67	19.09	325m:	4:07.46	19.51	525m:	6:43.67	19.43	725m:	9:19.04	19.30
	150m:	1:51.07	19.40	350m:	4:27.16	19.70	550m:	7:03.15	19.48	750m:	9:38.25	19.21
	175m:	2:10.53	19.46	375m:	4:46.40	19.24	575m:	7:22.35	19.20	775m:	9:56.11	17.86
	200m:	2:29.87	19.34	400m:	5:05.85	19.45	600m:	7:41.60	19.25	800m:	10:13.14	17.03

3.				10	II				11:02.93	378	II	
	25m:	16.87	16.87	225m:	3:01.82	21.44	425m:	5:52.99	21.48	625m:	8:43.88	21.55
	50m:	36.21	19.34	250m:	3:22.83	21.01	450m:	6:14.25	21.26	650m:	9:05.04	21.16
	75m:	56.63	20.42	275m:	3:44.43	21.60	475m:	6:36.25	22.00	675m:	9:25.91	20.87
	100m:	1:17.31	20.68	300m:	4:05.79	21.36	500m:	6:57.78	21.53	700m:	9:46.07	20.16
	125m:	1:38.62	21.31	325m:	4:27.51	21.72	525m:	7:19.04	21.26	725m:	10:05.92	19.85
	150m:	1:59.09	20.47	350m:	4:48.06	20.55	550m:	7:40.44	21.40	750m:	10:25.74	19.82
	175m:	2:20.36	21.27	375m:	5:09.99	21.93	575m:	8:01.43	20.99	775m:	10:44.66	18.92
	200m:	2:40.38	20.02	400m:	5:31.51	21.52	600m:	8:22.33	20.90	800m:	11:02.93	18.27

4.				09	II				11:08.32	368	II	
	25m:	17.19	17.19	225m:	3:01.19	20.91	425m:	5:52.19	21.61	625m:	8:43.29	21.18
	50m:	36.46	19.27	250m:	3:22.11	20.92	450m:	6:13.78	21.59	650m:	9:04.68	21.39
	75m:	56.32	19.86	275m:	3:43.73	21.62	475m:	6:35.11	21.33	675m:	9:25.68	21.00
	100m:	1:16.91	20.59	300m:	4:05.29	21.56	500m:	6:56.82	21.71	700m:	9:46.75	21.07
	125m:	1:37.73	20.82	325m:	4:26.31	21.02	525m:	7:17.96	21.14	725m:	10:06.22	19.47
	150m:	1:58.58	20.85	350m:	4:47.55	21.24	550m:	7:39.66	21.70	750m:	10:26.96	20.74
	175m:	2:19.76	21.18	375m:	5:09.06	21.51	575m:	8:00.63	20.97	775m:	10:47.87	20.91
	200m:	2:40.28	20.52	400m:	5:30.58	21.52	600m:	8:22.11	21.48	800m:	11:08.32	20.45

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36, , 800m , (13-14)

5.				10				11:14.72	358		
25m:	17.52	17.52	225m:	3:03.65	21.47	425m:	5:55.41	21.71	625m:	8:47.97	21.10
50m:	36.87	19.35	250m:	3:24.68	21.03	450m:	6:16.99	21.58	650m:	9:09.04	21.07
75m:	57.16	20.29	275m:	3:46.15	21.47	475m:	6:38.87	21.88	675m:	9:31.08	22.04
100m:	1:18.08	20.92	300m:	4:07.36	21.21	500m:	7:00.38	21.51	700m:	9:51.85	20.77
125m:	1:39.01	20.93	325m:	4:28.88	21.52	525m:	7:21.90	21.52	725m:	10:13.43	21.58
150m:	2:00.11	21.10	350m:	4:50.70	21.82	550m:	7:43.38	21.48	750m:	10:34.64	21.21
175m:	2:21.19	21.08	375m:	5:12.34	21.64	575m:	8:05.51	22.13	775m:	10:55.82	21.18
200m:	2:42.18	20.99	400m:	5:33.70	21.36	600m:	8:26.87	21.36	800m:	11:14.72	18.90