



" ()
13-14 11-12
, 08-10 2023

1
09.11.2023 - 14:10 , 50m

: FINA 2023

1.	,	09	I	27.02	521	I
2.	,	09	II	28.72	434	II
3.	,	09	I	29.13	416	II
4.	,	10	II	29.18	414	II
	,	10	II	29.18	414	II
6.	,	10	II	29.45	402	II
7.	,	09	II	29.75	390	II
8.	,	09	II	30.45	364	III
9.	,	09	II	30.70	355	III
10.	,	09	II	31.09	342	III
11.	,	10	II	31.12	341	III
12.	,	09	II	31.21	338	III
13.	,	10	II	31.37	333	III
14.	,	10	II	31.50	329	III
15.	,	10	II	31.53	328	III
16.	,	10	II	32.23	307	III
17.	,	09	III	32.54	298	III
18.	,	09	II	32.99	286	III
19.	,	09	III	33.03	285	III
20.	,	09	II	33.10	283	III
21.	,	10	III	33.60	271	
22.	,	10	III	33.73	268	
23.	,	10	III	33.74	267	
24.	,	09	II	34.47	251	

2
09.11.2023 - 14:15 , 50m

: FINA 2023

1.	,	11	I	31.76	452	II
2.	,	11	I	31.93	445	II
3.	,	11	II	32.28	430	II
4.	,	11	III	32.89	407	II
5.	,	12	II	33.43	387	II
6.	,	12	II	34.80	343	III
7.	,	11	III	36.29	303	III
8.	,	11	II	36.83	290	
9.	,	11	III	37.06	284	
10.	,	12	III	37.93	265	
11.	,	12	III	38.10	262	
12.	,	12	III	38.44	255	
13.	,	11	III	40.91	211	
14.	,	12	III	41.54	202	

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

2, , 50m ,

15.	,	12	III	46.26	146	
DSQ	,	12	II			III
DSQ	,	12	III			

3 , 50m

09.11.2023 - 14:20

: FINA 2023

1.	,	09	I	28.40	471	I
2.	,	10	II	30.62	376	II
3.	,	09	II	30.90	366	II
4.	,	10	II	31.91	332	II
5.	,	09	II	32.35	319	III
6.	,	10	II	32.58	312	III
7.	,	10	II	32.86	304	III
8.	,	09	III	32.92	302	III
9.	,	10	II	32.96	301	III
10.	,	09	II	33.03	299	III
11.	,	10	II	33.29	292	III
12.	,	09	II	33.67	283	III
13.	,	10	III	34.02	274	III
14.	,	10	III	35.00	252	III
15.	,	10	III	36.00	231	
16.	,	09	III	36.56	221	

4 , 50m

09.11.2023 - 14:25

: FINA 2023

1.	,	11	I	33.79	417	II
2.	,	11	II	34.07	407	II
3.	,	11	II	34.90	378	II
4.	,	11	II	35.32	365	II
5.	,	12	III	36.13	341	II
6.	,	12	II	36.52	330	II
7.	,	11	II	37.15	313	III
8.	,	11	III	37.34	309	III
9.	,	11	II	37.72	299	III
10.	,	12	III	37.78	298	III
11.	,	11	III	38.25	287	III
12.	,	11	III	38.86	274	III
13.	,	12	III	39.26	266	III
14.	,	12	III	41.73	221	



" ()
13-14 11-12
, 08-10 2023

4, , 50m ,

15. , 11 III -2 47.26 152

5 , 100m

09.11.2023 - 14:30

: FINA 2023

1.				09	I	1:09.07	512	I
	50m:	32.68	32.68	100m:	1:09.07	36.39		
2.				09	II	1:12.53	442	II
	50m:	34.19	34.19	100m:	1:12.53	38.34		
3.				09	II	1:14.55	407	II
	50m:	35.06	35.06	100m:	1:14.55	39.49		
4.				10	II	1:16.36	379	II
	50m:	36.07	36.07	100m:	1:16.36	40.29		
5.				10	II	1:17.11	368	II
	50m:	36.86	36.86	100m:	1:17.11	40.25		
6.				10	II	1:18.14	354	II
	50m:	36.67	36.67	100m:	1:18.14	41.47		
7.				09	II	1:19.02	342	II
	50m:	37.94	37.94	100m:	1:19.02	41.08		
8.				10	II	1:19.52	335	II
	50m:	37.23	37.23	100m:	1:19.52	42.29		
9.				09	III	1:20.15	328	II
	50m:	36.86	36.86	100m:	1:20.15	43.29		
10.				10	II	1:20.63	322	III
	50m:	37.70	37.70	100m:	1:20.63	42.93		
11.				10	III	1:20.84	319	III
	50m:	37.13	37.13	100m:	1:20.84	43.71		
12.				09	III	1:20.87	319	III
	50m:	37.60	37.60	100m:	1:20.87	43.27		
13.				10	II	1:22.05	305	III
	50m:	38.67	38.67	100m:	1:22.05	43.38		
14.				10	III	1:24.48	280	III
	50m:	39.38	39.38	100m:	1:24.48	45.10		
15.				09	III	1:25.17	273	III
	50m:	40.14	40.14	100m:	1:25.17	45.03		
16.				09	III	1:26.33	262	III
	50m:	39.67	39.67	100m:	1:26.33	46.66		



" ()
13-14 11-12
, 08-10 2023

6 , 100m
09.11.2023 - 14:35

: FINA 2023

1.				11	II		1:20.71	461	I
	50m:	37.41	37.41	100m:	1:20.71	43.30			
2.				11	II		1:23.73	413	II
	50m:	39.59	39.59	100m:	1:23.73	44.14			
3.				11	II		1:24.86	396	II
	50m:	39.58	39.58	100m:	1:24.86	45.28			
4.				11	II		1:24.99	395	II
	50m:	39.14	39.14	100m:	1:24.99	45.85			
5.				12	II		1:25.85	383	II
	50m:	40.35	40.35	100m:	1:25.85	45.50			
6.				11	II		1:27.50	361	II
	50m:	40.84	40.84	100m:	1:27.50	46.66			
7.				12	III		1:30.42	328	III
	50m:	42.27	42.27	100m:	1:30.42	48.15			
8.				12	II		1:31.31	318	III
	50m:	43.25	43.25	100m:	1:31.31	48.06			
9.				12	III		1:31.63	315	III
	50m:	43.33	43.33	100m:	1:31.63	48.30			
10.				11	III		1:31.80	313	III
	50m:	43.09	43.09	100m:	1:31.80	48.71			
11.				11	III		1:34.20	290	III
	50m:	44.63	44.63	100m:	1:34.20	49.57			
12.				11	III	-2	1:34.88	283	III
	50m:	43.38	43.38	100m:	1:34.88	51.50			
13.				11	III		1:35.84	275	III
	50m:	44.41	44.41	100m:	1:35.84	51.43			
14.				11	III		1:37.17	264	III
	50m:	44.12	44.12	100m:	1:37.17	53.05			
15.				11	III	-2	1:37.49	261	III
	50m:	44.85	44.85	100m:	1:37.49	52.64			
16.				11	III	-2	1:43.64	217	
	50m:	48.54	48.54	100m:	1:43.64	55.10			
17.				11	III		1:43.76	217	
	50m:	45.60	45.60	100m:	1:43.76	58.16			
18.				12	III		1:44.33	213	
	50m:	48.62	48.62	100m:	1:44.33	55.71			
19.				12	III		1:44.82	210	
	50m:	48.24	48.24	100m:	1:44.82	56.58			
20.				11	III	-2	1:45.31	207	
	50m:	51.15	51.15	100m:	1:45.31	54.16			

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

7 , 100m
09.11.2023 - 14:45

: FINA 2023

1.				09	I	55.76	520	I
	50m:	26.12	26.12	100m:	55.76 29.64			
2.				09	I	56.75	493	I
	50m:	27.16	27.16	100m:	56.75 29.59			
3.				09	I	57.18	482	II
	50m:	27.51	27.51	100m:	57.18 29.67			
4.				10	II	58.59	448	II
	50m:	28.27	28.27	100m:	58.59 30.32			
5.				09	II	58.88	441	II
	50m:	27.28	27.28	100m:	58.88 31.60			
6.				09	I	59.09	436	II
	50m:	28.40	28.40	100m:	59.09 30.69			
7.				10	II	59.27	433	II
	50m:	28.09	28.09	100m:	59.27 31.18			
8.				09	II	59.50	428	II
	50m:	27.62	27.62	100m:	59.50 31.88			
9.				09	II	59.56	426	II
	50m:	28.50	28.50	100m:	59.56 31.06			
10.				09	II	1:00.10	415	II
	50m:	29.56	29.56	100m:	1:00.10 30.54			
11.				10	II	1:01.20	393	II
	50m:	28.82	28.82	100m:	1:01.20 32.38			
12.				10	II	1:01.27	391	II
	50m:	29.94	29.94	100m:	1:01.27 31.33			
13.				09	II	1:01.62	385	II
	50m:	28.84	28.84	100m:	1:01.62 32.78			
14.				10	II	1:01.67	384	II
	50m:	29.07	29.07	100m:	1:01.67 32.60			
15.				10	II	1:02.07	377	II
	50m:	30.12	30.12	100m:	1:02.07 31.95			
16.				10	II	1:02.12	376	II
	50m:	29.86	29.86	100m:	1:02.12 32.26			
17.				09	II	1:02.84	363	II
	50m:	29.48	29.48	100m:	1:02.84 33.36			
18.				09	II	1:03.58	350	III
	50m:	30.18	30.18	100m:	1:03.58 33.40			
19.				10	III	1:03.67	349	III
	50m:	30.66	30.66	100m:	1:03.67 33.01			
20.				09	II	1:04.14	341	III
	50m:	30.56	30.56	100m:	1:04.14 33.58			

" , www.lenswimming.ru
25

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

7, , 100m ,	
20.	, 09 II 1:04.14 341 III
50m: 30.63 30.63	100m: 1:04.14 33.51
22.	, 09 III 1:04.61 334 III
50m: 30.91 30.91	100m: 1:04.61 33.70
23.	, 09 III 1:04.75 332 III
50m: 30.70 30.70	100m: 1:04.75 34.05
24.	, 09 II 1:04.81 331 III
50m: 30.64 30.64	100m: 1:04.81 34.17
25.	, 10 II 1:05.21 325 III
50m: 31.32 31.32	100m: 1:05.21 33.89
26.	, 10 III -2 1:05.66 318 III
50m: 30.40 30.40	100m: 1:05.66 35.26
27.	, 10 II -2 1:05.78 316 III
50m: 31.74 31.74	100m: 1:05.78 34.04
28.	, 09 III 1:08.04 286 III
50m: 32.57 32.57	100m: 1:08.04 35.47
29.	, 10 III 1:08.62 279 III
50m: 31.21 31.21	100m: 1:08.62 37.41
30.	, 09 III 1:09.90 263 III
50m: 33.44 33.44	100m: 1:09.90 36.46
31.	, 10 III 1:10.53 256 III
50m: 33.71 33.71	100m: 1:10.53 36.82
32.	, 10 III 1:10.75 254 III
50m: 33.77 33.77	100m: 1:10.75 36.98
33.	, 10 III 1:14.12 221
50m: 34.40 34.40	100m: 1:14.12 39.72
DSQ	, 09 II III

8 , 100m
09.11.2023 - 14:55

: FINA 2023

1.	, 11 I 1:03.58 493 I
50m: 30.65 30.65	100m: 1:03.58 32.93
2.	, 11 II 1:03.98 484 I
50m: 30.82 30.82	100m: 1:03.98 33.16
3.	, 11 I 1:04.72 468 II
50m: 30.72 30.72	100m: 1:04.72 34.00
4.	, 11 II 1:07.36 415 II
50m: 32.39 32.39	100m: 1:07.36 34.97



" ()
13-14 11-12
, 08-10 2023

8, , 100m							
5.	, 50m: 32.14 32.14	100m: 1:07.55 35.41	12	II	1:07.55	411	II
6.	, 50m: 33.78 33.78	100m: 1:09.90 36.12	11	II	1:09.90	371	II
7.	, 50m: 33.11 33.11	100m: 1:10.08 36.97	12	II	1:10.08	368	II
8.	, 50m: 32.75 32.75	100m: 1:11.25 38.50	11	II	1:11.25	350	II
9.	, 50m: 34.29 34.29	100m: 1:11.28 36.99	12	III	1:11.28	350	II
10.	, 50m: 34.34 34.34	100m: 1:11.33 36.99	12	II	1:11.33	349	II
11.	, 50m: 33.20 33.20	100m: 1:11.59 38.39	11	III	1:11.59	345	II
12.	, 50m: 35.27 35.27	100m: 1:12.43 37.16	12	III	1:12.43	333	III
13.	, 50m: 35.86 35.86	100m: 1:14.09 38.23	11	III	1:14.09	311	III
14.	, 50m: 36.56 36.56	100m: 1:15.92 39.36	12	III	1:15.92	289	III
15.	, 50m: 36.64 36.64	100m: 1:16.70 40.06	12	III	1:16.70	281	III
16.	, 50m: 35.84 35.84	100m: 1:17.03 41.19	11	III	1:17.03	277	III
17.	, 50m: 37.66 37.66	100m: 1:18.51 40.85	11	III	1:18.51	262	III
18.	, 50m: 36.91 36.91	100m: 1:24.39 47.48	12	III	1:24.39	211	III
DSQ	, DSQ		11	III			III
	, DSQ		12	III			III

-2

9 , 200m
09.11.2023 - 15:00

: FINA 2023



" ()
13-14 11-12
, 08-10 2023

9, , 200m

1.	50m:	30.89	30.89	100m:	1:07.39	36.50	150m:	1:46.06	38.67	200m:	2:26.18	40.12	390	II
2.	50m:	32.43	32.43	100m:	1:10.66	38.23	150m:	1:50.65	39.99	200m:	2:31.18	40.53	353	II
3.	50m:	33.85	33.85	100m:	1:12.83	38.98	150m:	1:53.50	40.67	200m:	2:34.93	41.43	328	II
4.	50m:	32.62	32.62	100m:	1:13.08	40.46	150m:	1:57.51	44.43	200m:	2:43.68	46.17	278	III
5.	50m:	37.21	37.21	100m:	1:21.33	44.12	150m:	2:06.54	45.21	200m:	2:48.09	41.55	256	III
6.	50m:	35.99	35.99	100m:	1:18.94	42.95	150m:	2:03.57	44.63	200m:	2:48.33	44.76	255	III
7.	50m:	37.47	37.47	100m:	1:22.16	44.69	150m:	2:08.36	46.20	200m:	2:53.88	45.52	232	III
8.	50m:	36.59	36.59	100m:	1:19.68	43.09	150m:	2:06.14	46.46	200m:	2:54.15	48.01	230	III

10 , 200m

09.11.2023 - 15:10

: FINA 2023

1.	50m:	38.84	38.84	100m:	1:26.29	47.45	150m:	2:16.88	50.59	200m:	3:05.78	48.90	266	III
2.	50m:	42.56	42.56	100m:	1:34.48	51.92	150m:	2:27.65	53.17	200m:	3:22.25	54.60	206	
3.	50m:	45.20	45.20	100m:	1:42.84	57.64	150m:	2:45.05	1:02.21	200m:	3:47.05	1:02.00	146	

11 , 200m

09.11.2023 - 15:15

: FINA 2023

1.	50m:	31.04	31.04	100m:	1:04.86	33.82	150m:	1:39.35	34.49	200m:	2:14.27	34.92	486	I
2.	50m:	31.28	31.28	100m:	1:05.77	34.49	150m:	1:42.90	37.13	200m:	2:18.84	35.94	440	I
3.	50m:	34.39	34.39	100m:	1:11.23	36.84	150m:	1:48.67	37.44	200m:	2:25.11	36.44	385	II
4.	50m:	34.60	34.60	100m:	1:12.80	38.20	150m:	1:51.26	38.46	200m:	2:29.70	38.44	351	II

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

11, , 200m ,

5.			10	II					2:30.70	344	II
50m:	35.15	35.15	100m:	1:13.36	38.21	150m:	1:52.13	38.77	200m:	2:30.70	38.57
6.			09	II					2:32.79	330	II
50m:	36.01	36.01	100m:	1:14.49	38.48	150m:	1:54.10	39.61	200m:	2:32.79	38.69
7.			10	III					2:33.00	329	II
50m:	35.61	35.61	100m:	1:14.85	39.24	150m:	1:55.18	40.33	200m:	2:33.00	37.82
8.			09	II					2:33.18	327	II
50m:	36.09	36.09	100m:	1:14.33	38.24	150m:	1:53.75	39.42	200m:	2:33.18	39.43
9.			10	III					2:33.38	326	II
50m:	36.73	36.73	100m:	1:16.07	39.34	150m:	1:55.68	39.61	200m:	2:33.38	37.70
10.			10	II				-2	2:33.83	323	II
50m:	36.03	36.03	100m:	1:15.50	39.47	150m:	1:56.12	40.62	200m:	2:33.83	37.71
11.			09	II					2:33.95	323	II
50m:	36.00	36.00	100m:	1:15.90	39.90	150m:	1:55.82	39.92	200m:	2:33.95	38.13
12.			10	II					2:36.28	308	II
50m:	36.70	36.70	100m:	1:16.61	39.91	150m:	1:57.89	41.28	200m:	2:36.28	38.39
13.			10	II					2:38.97	293	III
50m:	36.07	36.07	100m:	1:16.58	40.51	150m:	1:58.84	42.26	200m:	2:38.97	40.13
14.			10	III					2:51.96	231	III
50m:	39.61	39.61	100m:	1:23.41	43.80	150m:	2:08.77	45.36	200m:	2:51.96	43.19

12 , 200m

09.11.2023 - 15:25

: FINA 2023

1.			12	II					2:35.72	445	I
50m:	36.25	36.25	100m:	1:16.19	39.94	150m:	1:56.52	40.33	200m:	2:35.72	39.20
2.			11	I					2:41.62	398	II
50m:	38.09	38.09	100m:	1:18.90	40.81	150m:	2:00.29	41.39	200m:	2:41.62	41.33
3.			11	II					2:46.15	366	II
50m:	40.29	40.29	100m:	1:22.39	42.10	150m:	2:05.45	43.06	200m:	2:46.15	40.70
4.			11	I					2:46.69	363	II
50m:	38.44	38.44	100m:	1:21.19	42.75	150m:	2:04.70	43.51	200m:	2:46.69	41.99
5.			11	II					2:47.28	359	II
50m:	40.42	40.42	100m:	1:23.24	42.82	150m:	2:05.67	42.43	200m:	2:47.28	41.61
6.			11	II					2:47.32	359	II
50m:	39.16	39.16	100m:	1:22.33	43.17	150m:	2:06.10	43.77	200m:	2:47.32	41.22
7.			12	III					2:47.37	358	II
50m:	38.06	38.06	100m:	1:21.17	43.11	150m:	2:05.99	44.82	200m:	2:47.37	41.38
8.			11	II					2:49.75	343	II
50m:	39.30	39.30	100m:	1:22.71	43.41	150m:	2:06.73	44.02	200m:	2:49.75	43.02

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

12, , 200m ,

9.			11	II				2:54.18	318	II	
50m:	39.14	39.14	100m:	1:23.68	44.54	150m:	2:10.06	46.38	200m:	2:54.18	44.12
10.			12	III				2:54.53	316	II	
50m:	40.58	40.58	100m:	1:24.57	43.99	150m:	2:10.21	45.64	200m:	2:54.53	44.32
11.			11	III				2:57.96	298	III	
50m:	40.04	40.04	100m:	1:24.73	44.69	150m:	2:10.68	45.95	200m:	2:57.96	47.28
12.			12	III				3:02.10	278	III	
50m:	28.43	28.43	100m:	1:31.14	1:02.71	150m:	2:18.09	46.95	200m:	3:02.10	44.01
13.			11	III				3:02.49	276	III	
50m:	42.17	42.17	100m:	1:30.06	47.89	150m:	2:17.69	47.63	200m:	3:02.49	44.80
14.			12	III				3:06.30	260	III	
50m:	43.90	43.90	100m:	1:32.12	48.22	150m:	2:20.51	48.39	200m:	3:06.30	45.79

13 , 400m

09.11.2023 - 15:35

: FINA 2023

1.			09	I				4:29.93	486	II	
50m:	28.83	28.83	150m:	1:36.38	34.57	250m:	2:46.16	34.37	350m:	3:56.54	35.07
100m:	1:01.81	32.98	200m:	2:11.79	35.41	300m:	3:21.47	35.31	400m:	4:29.93	33.39
2.			09	I				4:38.43	442	II	
50m:	29.90	29.90	150m:	1:39.53	35.45	250m:	2:51.75	35.76	350m:	4:03.66	35.66
100m:	1:04.08	34.18	200m:	2:15.99	36.46	300m:	3:28.00	36.25	400m:	4:38.43	34.77
3.			10	II				4:38.62	442	II	
50m:	31.34	31.34	150m:	1:42.85	35.46	250m:	2:55.96	36.02	350m:	4:05.52	34.39
100m:	1:07.39	36.05	200m:	2:19.94	37.09	300m:	3:31.13	35.17	400m:	4:38.62	33.10
4.			09	II				4:42.28	425	II	
50m:	32.90	32.90	150m:	1:44.25	35.74	250m:	2:56.78	36.02	350m:	4:07.69	35.10
100m:	1:08.51	35.61	200m:	2:20.76	36.51	300m:	3:32.59	35.81	400m:	4:42.28	34.59
5.			09	II				4:43.45	419	II	
50m:	30.62	30.62	150m:	1:41.26	35.92	250m:	2:53.89	36.68	350m:	4:07.69	36.52
100m:	1:05.34	34.72	200m:	2:17.21	35.95	300m:	3:31.17	37.28	400m:	4:43.45	35.76
6.			10	II				4:45.67	410	II	
50m:	31.86	31.86	150m:	1:42.47	35.92	250m:	2:55.86	36.26	350m:	4:04.02	32.98
100m:	1:06.55	34.69	200m:	2:19.60	37.13	300m:	3:31.04	35.18	400m:	4:45.67	41.65
7.			09	II				4:47.28	403	II	
50m:	31.03	31.03	150m:	1:42.56	36.55	250m:	2:56.77	37.25	350m:	4:10.76	36.98
100m:	1:06.01	34.98	200m:	2:19.52	36.96	300m:	3:33.78	37.01	400m:	4:47.28	36.52
8.			09	II				4:49.36	394	II	
50m:	31.37	31.37	150m:	1:44.11	36.90	250m:	2:58.36	37.29	350m:	4:12.95	36.99
100m:	1:07.21	35.84	200m:	2:21.07	36.96	300m:	3:35.96	37.60	400m:	4:49.36	36.41

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

13, , 400m

9.			10	II				4:53.39	378	II		
	50m:	31.88	31.88	150m:	1:44.61	36.36	250m:	2:59.48	37.23	350m:	4:15.31	38.28
	100m:	1:08.25	36.37	200m:	2:22.25	37.64	300m:	3:37.03	37.55	400m:	4:53.39	38.08
10.			09	II				4:53.61	377	II		
	50m:	32.09	32.09	150m:	1:45.59	37.16	250m:	3:01.42	37.90	350m:	4:17.23	37.95
	100m:	1:08.43	36.34	200m:	2:23.52	37.93	300m:	3:39.28	37.86	400m:	4:53.61	36.38
11.			10	II				4:55.39	370	II		
	50m:	32.22	32.22	150m:	1:45.99	37.54	250m:	3:02.49	38.57	350m:	4:19.36	38.27
	100m:	1:08.45	36.23	200m:	2:23.92	37.93	300m:	3:41.09	38.60	400m:	4:55.39	36.03
12.			10	III				5:04.77	337	III		
	50m:	33.22	33.22	150m:	1:51.36	39.81	250m:	3:10.52	40.33	350m:	4:28.28	36.72
	100m:	1:11.55	38.33	200m:	2:30.19	38.83	300m:	3:51.56	41.04	400m:	5:04.77	36.49
13.			10	II				5:04.91	337	III		
	50m:	32.19	32.19	150m:	1:49.33	39.18	250m:	3:09.19	40.38	350m:	4:28.91	39.09
	100m:	1:10.15	37.96	200m:	2:28.81	39.48	300m:	3:49.82	40.63	400m:	5:04.91	36.00
14.			10	II				5:09.11	323	III		
	50m:	34.13	34.13	150m:	1:52.70	39.90	250m:	3:12.17	39.88	350m:	4:31.94	39.60
	100m:	1:12.80	38.67	200m:	2:32.29	39.59	300m:	3:52.34	40.17	400m:	5:09.11	37.17
15.			10	III			-2	5:11.53	316	III		
	50m:	34.20	34.20	150m:	1:51.91	39.22	250m:	3:12.49	40.66	350m:	4:33.11	40.49
	100m:	1:12.69	38.49	200m:	2:31.83	39.92	300m:	3:52.62	40.13	400m:	5:11.53	38.42
16.			10	III			-2	5:22.72	284	III		
	50m:	32.61	32.61	150m:	1:52.59	41.62	250m:	3:17.27	42.54	350m:	4:42.41	42.01
	100m:	1:10.97	38.36	200m:	2:34.73	42.14	300m:	4:00.40	43.13	400m:	5:22.72	40.31
17.			10	III				5:33.46	257	III		
	50m:	35.81	35.81	150m:	2:00.27	43.28	250m:	3:27.30	44.18	350m:	4:54.41	42.82
	100m:	1:16.99	41.18	200m:	2:43.12	42.85	300m:	4:11.59	44.29	400m:	5:33.46	39.05
18.			09	III				5:54.52	214			
	50m:	37.10	37.10	150m:	2:02.86	43.89	250m:	3:34.72	46.58	350m:	5:09.15	47.03
	100m:	1:18.97	41.87	200m:	2:48.14	45.28	300m:	4:22.12	47.40	400m:	5:54.52	45.37

14 , 400m

09.11.2023 - 15:55

: FINA 2023

1.			11	II				4:56.54	474	II		
	50m:	33.07	33.07	150m:	1:48.73	38.40	250m:	3:05.63	38.28	350m:	4:21.90	38.06
	100m:	1:10.33	37.26	200m:	2:27.35	38.62	300m:	3:43.84	38.21	400m:	4:56.54	34.64
2.			12	II				5:09.26	418	II		
	50m:	36.72	36.72	150m:	1:55.32	39.38	250m:	3:14.36	39.72	350m:	4:32.53	39.11
	100m:	1:15.94	39.22	200m:	2:34.64	39.32	300m:	3:53.42	39.06	400m:	5:09.26	36.73
3.			12	II				5:16.87	388	II		
	50m:	35.00	35.00	150m:	1:55.56	40.44	250m:	3:16.54	40.24	350m:	4:38.10	41.16
	100m:	1:15.12	40.12	200m:	2:36.30	40.74	300m:	3:56.94	40.40	400m:	5:16.87	38.77

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

14, , 400m ,

4.			11	II					5:26.71	354	II	
	50m:	36.65	36.65	150m:	1:59.84	42.91	250m:	3:24.94	43.56	350m:	4:48.61	41.83
	100m:	1:16.93	40.28	200m:	2:41.38	41.54	300m:	4:06.78	41.84	400m:	5:26.71	38.10
5.			12	III					5:36.00	326	II	
	50m:	37.71	37.71	150m:	2:04.00	44.01	250m:	3:31.77	43.25	350m:	4:56.74	41.94
	100m:	1:19.99	42.28	200m:	2:48.52	44.52	300m:	4:14.80	43.03	400m:	5:36.00	39.26
6.			11	II					5:43.24	306	III	
	50m:	34.46	34.46	150m:	2:02.36	44.83	250m:	3:30.83	43.89	350m:	4:59.67	44.89
	100m:	1:17.53	43.07	200m:	2:46.94	44.58	300m:	4:14.78	43.95	400m:	5:43.24	43.57
7.			12	III					5:44.48	302	III	
	50m:	40.96	40.96	150m:	2:10.00	44.43	250m:	3:36.16	43.33	350m:	5:01.96	42.62
	100m:	1:25.57	44.61	200m:	2:52.83	42.83	300m:	4:19.34	43.18	400m:	5:44.48	42.52
8.			12	III					5:53.59	279	III	
	50m:	37.56	37.56	150m:	2:05.47	44.54	250m:	3:37.87	46.68	350m:	5:10.51	46.25
	100m:	1:20.93	43.37	200m:	2:51.19	45.72	300m:	4:24.26	46.39	400m:	5:53.59	43.08
9.			12	III					6:13.13	238	III	
	50m:	41.37	41.37	150m:	2:16.80	48.08	250m:	3:53.05	47.85	350m:	5:29.42	47.97
	100m:	1:28.72	47.35	200m:	3:05.20	48.40	300m:	4:41.45	48.40	400m:	6:13.13	43.71

15

, 4 x 50m

09.11.2023 - 16:05

: FINA 2023

1.									1:45.12	471	
			10	+0.81	26.83				09	+0.45	26.14
			10	+0.14	26.53				09	+0.58	25.62
2.									1:47.46	441	
			10	+0.76	28.25				09	+0.54	26.07
			10	+0.67	27.16				09	+0.57	25.98
3.									1:47.63	438	
			09	+0.71	27.23				10	+0.36	27.34
			10	+0.37	26.82				09	+0.38	26.24
4.									1:48.38	429	
			10	+0.67	27.70				09	+0.25	26.82
			09	+0.60	27.46				09	+0.67	26.40
5.									1:55.52	355	
			09	+0.70	27.41				10	+0.44	31.25
			10	+0.47	29.21				10	+0.41	27.65



" ()
13-14 11-12
, 08-10 2023

16 , 4 x 50m
09.11.2023 - 16:10

: FINA 2023

1.						2:02.43	431
	,	11	+0.76	28.88	,	11	+0.66 31.99
	,	11	+0.58	31.85	,	11	+0.24 29.71
2.						2:03.35	421
	,	12	+0.82	30.37	,	12	+0.71 29.94
	,	12	+0.48	31.64	,	12	+0.61 31.40
3.						2:06.40	391
	,	11		31.58	,	11	+0.25 30.94
	,	12		34.01	,	11	29.87
4.						2:10.50	356
	,	12	+0.77	31.98	,	11	+0.37 32.87
	,	12	+0.53	33.31	,	11	+0.27 32.34
DSQ							
	,	11	+0.69	29.08	,	11	+0.52 32.18
	,	11	+0.53	32.26	,	11	+0.60

17 , 50m
10.11.2023 - 14:10

: FINA 2023

1.	,	09	I			25.32	504	II
2.	,	09	I			25.74	480	II
3.	,	10	II			26.00	466	II
4.	,	09	I			26.27	451	II
5.	,	09	II			26.34	448	II
6.	,	10	II			26.98	417	II
7.	,	09	II			27.20	407	III
8.	,	09	II			27.39	398	III
9.	,	10	II			27.41	397	III
10.	,	10	II			27.46	395	III
11.	,	10	II			27.48	394	III
12.	,	09	I			27.57	390	III
13.	,	10	II			27.77	382	III
	,	09	II			27.77	382	III
15.	,	10	II			27.87	378	III
16.	,	09	II			28.12	368	III
17.	,	10	II			28.40	357	III
18.	,	10	III			28.41	357	III
19.	,	09	III			28.43	356	III
20.	,	09	II			28.44	356	III
21.	,	10	II			28.49	354	III
22.	,	09	II			28.68	347	III

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

17, , 50m ,

23.	,	09	III		28.94	338	III
	,	09	II		28.94	338	III
25.	,	09	II		28.95	337	III
26.	,	10	III	-2	29.03	334	III
27.	,	10	III		29.57	316	
28.	,	09	II		29.67	313	
29.	,	10	II	-2	29.83	308	
30.	,	10	III		30.42	291	
31.	,	10	II		30.55	287	
32.	,	09	III		30.63	285	
33.	,	09	III		30.86	278	
34.	,	10	III		31.51	261	

18 , 50m

10.11.2023 - 14:05

: FINA 2023

1.	,	11	I		28.74	507	II
2.	,	11	I		29.03	492	II
3.	,	11	II		30.16	439	II
4.	,	12	II		30.26	435	II
5.	,	11	II		30.69	417	II
6.	,	12	II		30.82	411	III
7.	,	11	II		31.40	389	III
8.	,	12	III		32.00	367	III
9.	,	12	II		32.39	354	III
10.	,	12	III		32.59	348	III
11.	,	12	III		33.34	325	
12.	,	11	III		33.77	313	
13.	,	12	III	-2	33.86	310	
DSQ	,	11	II				III

19 , 50m

10.11.2023 - 14:10

: FINA 2023

1.	,	09	I		31.90	478	II
2.	,	09	II		33.77	403	II
3.	,	09	II		33.78	402	II
4.	,	10	II		34.84	367	II
5.	,	10	II		35.23	355	II
6.	,	09	II		35.24	354	II
7.	,	10	II		35.35	351	III



" ()
13-14 11-12
, 08-10 2023

19, , 50m ,

8.	,	09	III	35.51	346	III
9.	,	10	II	35.94	334	III
10.	,	09	III	36.37	322	III
11.	,	10	III	36.74	313	III
12.	,	10	II	37.00	306	III
13.	,	09	III	38.00	283	III
14.	,	10	III	38.37	274	III
15.	,	09	III	39.52	251	

20 , 50m

10.11.2023 - 14:15

: FINA 2023

1.	,	11	I	37.02	450	II
2.	,	11	II	39.86	360	II
3.	,	12	II	39.89	359	II
4.	,	11	II	40.37	347	III
5.	,	11	III	40.88	334	III
6.	,	12	II	40.96	332	III
7.	,	11	II	41.17	327	III
8.	,	11	III	41.50	319	III
9.	,	12	III	42.13	305	III
10.	,	12	III	42.76	292	III
11.	,	11	III	42.88	289	III
12.	,	11	III	43.36	280	III
13.	,	11	III	43.44	278	III
14.	,	11	III	44.91	252	
15.	,	11	III	45.31	245	
16.	,	11	III	45.88	236	
17.	,	12	III	47.83	208	
18.	,	12	III	48.14	204	
DSQ	,	11	II			II
DSQ	,	11	III			III



" ()
13-14 11-12
, 08-10 2023

21 , 100m
10.11.2023 - 14:20

: FINA 2023

1.				09	I	1:01.76	479	I
	50m:	29.59	29.59	100m:	1:01.76	32.17		
2.				09	II	1:05.41	403	II
	50m:	1:05.61	1:05.61	100m:	1:05.41			
3.				10	II	1:07.12	373	II
	50m:	32.16	32.16	100m:	1:07.12	34.96		
4.				10	II	1:08.39	352	II
	50m:	32.70	32.70	100m:	1:08.39	35.69		
5.				10	II	1:09.93	330	II
	50m:	33.85	33.85	100m:	1:09.93	36.08		
				09	II	1:09.93	330	II
	50m:	34.29	34.29	100m:	1:09.93	35.64		
7.				09	II	1:10.34	324	II
	50m:	33.99	33.99	100m:	1:10.34	36.35		
8.				10	II	1:10.35	324	II
	50m:	33.96	33.96	100m:	1:10.35	36.39		
9.				09	II	1:10.65	320	II
	50m:	34.31	34.31	100m:	1:10.65	36.34		
10.				09	II	1:10.95	316	II
	50m:	34.67	34.67	100m:	1:10.95	36.28		
11.				10	II	1:11.15	313	II
	50m:	34.61	34.61	100m:	1:11.15	36.54		
12.				09	III	1:11.57	307	II
	50m:	34.87	34.87	100m:	1:11.57	36.70		
13.				10	II	1:11.81	304	II
	50m:	34.23	34.23	100m:	1:11.81	37.58		
14.				10	III	1:12.28	298	II
	50m:	35.56	35.56	100m:	1:12.28	36.72		
15.				10	III	1:14.85	269	III
	50m:	35.37	35.37	100m:	1:14.85	39.48		
16.				10	III	1:19.91	221	III
	50m:	38.48	38.48	100m:	1:19.91	41.43		
17.				09	III	1:21.90	205	
	50m:	39.37	39.37	100m:	1:21.90	42.53		



" ()
13-14 11-12
, 08-10 2023

22 , 100m
10.11.2023 - 14:25

: FINA 2023

1.				11	I	1:12.97	425	I
	50m:	35.28	35.28	100m:	1:12.97	37.69		
2.				12	II	1:13.65	413	II
	50m:	35.55	35.55	100m:	1:13.65	38.10		
3.				11	II	1:13.87	410	II
	50m:	35.71	35.71	100m:	1:13.87	38.16		
4.				11	II	1:14.07	406	II
	50m:	35.71	35.71	100m:	1:14.07	38.36		
5.				11	II	1:17.50	355	II
	50m:	37.56	37.56	100m:	1:17.50	39.94		
6.				12	III	1:17.97	348	II
	50m:	37.80	37.80	100m:	1:17.97	40.17		
7.				11	III	1:18.72	339	II
	50m:	38.00	38.00	100m:	1:18.72	40.72		
8.				11	II	1:19.26	332	II
	50m:	38.87	38.87	100m:	1:19.26	40.39		
9.				12	III	1:20.19	320	II
	50m:	39.26	39.26	100m:	1:20.19	40.93		
10.				12	II	1:20.40	318	II
	50m:	38.45	38.45	100m:	1:20.40	41.95		
11.				12	III	1:20.59	315	II
	50m:	38.76	38.76	100m:	1:20.59	41.83		
12.				11	II	1:20.79	313	II
	50m:	38.06	38.06	100m:	1:20.79	42.73		
13.				12	III	1:23.47	284	III
	50m:	41.52	41.52	100m:	1:23.47	41.95		
14.				11	III	1:25.07	268	III
	50m:	39.27	39.27	100m:	1:25.07	45.80		
15.				11	II	1:26.14	258	III
	50m:	41.23	41.23	100m:	1:26.14	44.91		
16.				12	III	1:27.70	245	III
	50m:	41.83	41.83	100m:	1:27.70	45.87		
17.				12	III	1:28.65	237	III
	50m:	43.69	43.69	100m:	1:28.65	44.96		
DSQ				11	III			III

-2



" ()
13-14 11-12
, 08-10 2023

23 , 100m
10.11.2023 - 14:35

: FINA 2023

1.				10	II	1:03.63	423	II
50m:	29.62	29.62	100m:	1:03.63	34.01			
2.				09	I	1:03.82	419	II
50m:	29.55	29.55	100m:	1:03.82	34.27			
3.				10	II	1:07.01	362	II
50m:	31.13	31.13	100m:	1:07.01	35.88			
4.				09	II	1:10.34	313	II
50m:	32.19	32.19	100m:	1:10.34	38.15			
5.				09	II	1:10.62	309	III
50m:	32.97	32.97	100m:	1:10.62	37.65			
6.				10	II	1:12.04	291	III
50m:	33.82	33.82	100m:	1:12.04	38.22			
7.				10	II	1:12.46	286	III
50m:	34.22	34.22	100m:	1:12.46	38.24			
8.				09	II	1:13.05	279	III
50m:	33.42	33.42	100m:	1:13.05	39.63			
9.				10	III	1:17.07	238	III
50m:	34.59	34.59	100m:	1:17.07	42.48			
10.				09	II	1:17.46	234	III
50m:	34.71	34.71	100m:	1:17.46	42.75			
11.				10	III	1:20.69	207	
50m:	35.31	35.31	100m:	1:20.69	45.38			
DSQ				09	II			II
DSQ				10	II			III
DSQ				10	II			III

24 , 100m
10.11.2023 - 14:40

: FINA 2023

1.				11	III	1:14.59	380	II
50m:	36.08	36.08	100m:	1:14.59	38.51			
2.				12	II	1:21.75	289	III
50m:	36.12	36.12	100m:	1:21.75	45.63			
3.				11	III	1:26.33	245	III
50m:	38.43	38.43	100m:	1:26.33	47.90			
4.				11	III	1:26.99	239	III
50m:	37.36	37.36	100m:	1:26.99	49.63			

" ,
25 www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

24, , 100m ,

5.				12	III		1:28.53	227	III
50m:	40.04	40.04	100m:	1:28.53	48.49				
6.				11	III	-2	1:39.24	161	
50m:	43.31	43.31	100m:	1:39.24	55.93				

25 , 100m

10.11.2023 - 14:50

: FINA 2023

1.				09	I		1:03.19	474	I
50m:	28.51	28.51	100m:	1:03.19	34.68				
2.				09	I		1:05.03	435	I
50m:	30.90	30.90	100m:	1:05.03	34.13				
3.				10	II		1:08.07	379	II
50m:	30.32	30.32	100m:	1:08.07	37.75				
4.				09	II		1:08.12	378	II
50m:	33.00	33.00	100m:	1:08.12	35.12				
5.				10	II		1:09.13	362	II
50m:	32.18	32.18	100m:	1:09.13	36.95				
6.				09	II		1:10.06	348	II
50m:	32.35	32.35	100m:	1:10.06	37.71				
7.				10	II		1:10.38	343	II
50m:	32.90	32.90	100m:	1:10.38	37.48				
8.				09	II		1:11.24	331	II
50m:	31.71	31.71	100m:	1:11.24	39.53				
9.				09	II		1:11.64	325	II
50m:	33.23	33.23	100m:	1:11.64	38.41				
10.				09	II		1:11.81	323	II
50m:	34.24	34.24	100m:	1:11.81	37.57				
11.				10	II		1:12.97	308	II
50m:	34.46	34.46	100m:	1:12.97	38.51				
12.				10	II		1:13.22	304	II
50m:	34.32	34.32	100m:	1:13.22	38.90				
13.				09	III		1:13.37	303	II
50m:	33.57	33.57	100m:	1:13.37	39.80				
14.				09	III		1:13.48	301	II
50m:	33.95	33.95	100m:	1:13.48	39.53				
15.				10	II		1:13.65	299	II
50m:	33.52	33.52	100m:	1:13.65	40.13				
16.				09	II		1:13.76	298	II
50m:	34.13	34.13	100m:	1:13.76	39.63				

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

25, , 100m ,

17.	, 50m: 34.57 34.57	100m: 1:13.98 39.41	09 II	1:13.98	295	II
18.	, 50m: 36.56 36.56	100m: 1:14.18 37.62	09 III	1:14.18	293	III
19.	, 50m: 33.20 33.20	100m: 1:15.31 42.11	10 III	1:15.31	280	III
20.	, 50m: 36.31 36.31	100m: 1:17.39 41.08	10 III	1:17.39	258	III
21.	, 50m: 35.94 35.94	100m: 1:17.60 41.66	09 III	1:17.60	256	III
22.	, 50m: 37.30 37.30	100m: 1:18.15 40.85	09 III	1:18.15	250	III
23.	, 50m: 34.64 34.64	100m: 1:18.17 43.53	09 II	1:18.17	250	III
24.	, 50m: 34.94 34.94	100m: 1:18.20 43.26	10 III	1:18.20	250	III
25.	, 50m: 37.23 37.23	100m: 1:18.75 41.52	10 III	1:18.75	245	III
26.	, 50m: 36.30 36.30	100m: 1:19.09 42.79	10 II	1:19.09	241	III
27.	, 50m: 37.57 37.57	100m: 1:20.67 43.10	09 III	1:20.67	227	III
	, 50m: 36.96 36.96	100m: 1:20.67 43.71	10 III	1:20.67	227	III
29.	, 50m: 36.11 36.11	100m: 1:21.47 45.36	10 III	1:21.47	221	III

-2

26 , 100m

10.11.2023 - 14:50

: FINA 2023

1.	, 50m: 32.49 32.49	100m: 1:11.62 39.13	11 I	1:11.62	491	I
2.	, 50m: 34.78 34.78	100m: 1:14.67 39.89	11 I	1:14.67	433	I
3.	, 50m: 34.25 34.25	100m: 1:14.96 40.71	11 II	1:14.96	428	II
4.	, 50m: 34.94 34.94	100m: 1:14.98 40.04	11 I	1:14.98	428	II
5.	, 50m: 37.91 37.91	100m: 1:18.80 40.89	12 II	1:18.80	368	II

" , www.lenswimming.ru
25

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

26, , 100m							
6.	50m: 35.59	35.59	100m: 1:19.20	43.61	11	II	1:19.20 363 II
7.	50m: 36.78	36.78	100m: 1:19.36	42.58	12	II	1:19.36 361 II
8.	50m: 37.65	37.65	100m: 1:19.94	42.29	11	III	1:19.94 353 II
9.	50m: 37.60	37.60	100m: 1:19.97	42.37	11	II	1:19.97 352 II
10.	50m: 36.74	36.74	100m: 1:22.14	45.40	11	II	1:22.14 325 II
11.	50m: 38.61	38.61	100m: 1:22.63	44.02	12	III	1:22.63 319 II
12.	50m: 38.36	38.36	100m: 1:22.68	44.32	11	II	1:22.68 319 II
13.	50m: 38.27	38.27	100m: 1:23.31	45.04	12	III	1:23.31 312 II
14.	50m: 39.94	39.94	100m: 1:24.10	44.16	12	III	1:24.10 303 III
15.	50m: 39.19	39.19	100m: 1:24.52	45.33	11	II	1:24.52 298 III
16.	50m: 38.73	38.73	100m: 1:24.65	45.92	11	II	1:24.65 297 III
17.	50m: 39.99	39.99	100m: 1:24.75	44.76	11	III	1:24.75 296 III
18.	50m: 40.65	40.65	100m: 1:25.66	45.01	12	III	1:25.66 287 III
19.	50m: 41.87	41.87	100m: 1:27.27	45.40	12	III	1:27.27 271 III
	50m: 41.51	41.51	100m: 1:27.27	45.76	11	III	1:27.27 271 III
21.	50m: 40.76	40.76	100m: 1:27.53	46.77	11	III	1:27.53 269 III
22.	50m: 41.79	41.79	100m: 1:28.73	46.94	11	III	1:28.73 258 III
23.	50m: 42.26	42.26	100m: 1:28.96	46.70	11	III	1:28.96 256 III
24.	50m: 42.09	42.09	100m: 1:29.30	47.21	12	III	1:29.30 253 III
25.	50m: 41.63	41.63	100m: 1:29.38	47.75	11	III	1:29.38 252 III
26.	50m: 40.14	40.14	100m: 1:30.53	50.39	12	III	1:30.53 243 III

" ,
25

www.lenswimming.ru

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

27, , 200m

15.			09	II					2:21.82	343	III
50m:	32.44	32.44	100m:	1:08.40	35.96	150m:	1:45.79	37.39	200m:	2:21.82	36.03
16.			09	II					2:23.39	332	III
50m:	32.89	32.89	100m:	1:09.94	37.05	150m:	1:49.80	39.86	200m:	2:23.39	33.59
17.			10	III					2:24.40	325	III
50m:	33.24	33.24	100m:	1:10.75	37.51	150m:	1:49.05	38.30	200m:	2:24.40	35.35
18.			09	II					2:24.98	321	III
50m:	33.28	33.28	100m:	1:10.08	36.80	150m:	1:48.10	38.02	200m:	2:24.98	36.88
19.			10	II					2:26.25	313	III
50m:	33.41	33.41	100m:	1:11.05	37.64	150m:	1:49.79	38.74	200m:	2:26.25	36.46
20.			10	III				-2	2:27.07	308	III
50m:	33.83	33.83	100m:	1:12.14	38.31	150m:	1:50.65	38.51	200m:	2:27.07	36.42
21.			10	II				-2	2:27.10	308	III
50m:	34.44	34.44	100m:	1:11.90	37.46	150m:	1:49.28	37.38	200m:	2:27.10	37.82
22.			10	II					2:27.17	307	III
50m:	35.22	35.22	100m:	1:12.29	37.07	150m:	1:50.15	37.86	200m:	2:27.17	37.02
23.			10	III					2:29.08	296	III
50m:	33.54	33.54	100m:	1:11.64	38.10	150m:	1:50.63	38.99	200m:	2:29.08	38.45
24.			09	III					2:30.93	285	III
50m:	33.67	33.67	100m:	1:12.26	38.59	150m:	1:52.75	40.49	200m:	2:30.93	38.18
25.			10	III					2:36.20	257	III
50m:	36.41	36.41	100m:	1:17.77	41.36	150m:	1:58.82	41.05	200m:	2:36.20	37.38
26.			09	III					2:36.26	257	III
50m:	35.60	35.60	100m:	1:16.45	40.85	150m:	1:56.94	40.49	200m:	2:36.26	39.32

28 , 200m

10.11.2023 - 15:20

: FINA 2023

1.			11	II					2:18.73	502	I
50m:	31.41	31.41	100m:	1:06.84	35.43	150m:	1:43.85	37.01	200m:	2:18.73	34.88
2.			12	II					2:26.71	425	II
50m:	33.21	33.21	100m:	1:10.91	37.70	150m:	1:49.99	39.08	200m:	2:26.71	36.72
3.			11	II					2:26.96	422	II
50m:	33.74	33.74	100m:	1:11.39	37.65	150m:	1:50.32	38.93	200m:	2:26.96	36.64
4.			12	II					2:29.04	405	II
50m:	34.24	34.24	100m:	1:12.81	38.57	150m:	1:51.50	38.69	200m:	2:29.04	37.54
5.			11	II					2:32.04	381	II
50m:	34.47	34.47	100m:	1:13.60	39.13	150m:	1:53.60	40.00	200m:	2:32.04	38.44
6.			12	III					2:36.19	352	II
50m:	36.10	36.10	100m:	1:16.29	40.19	150m:	1:58.01	41.72	200m:	2:36.19	38.18

" , www.lenswimming.ru
25

Swiss Timing Quantum Aquatig



" ()
13-14 11-12
, 08-10 2023

28, , 200m ,												
7.				11	III					2:45.62	295	III
50m:	35.97	35.97	100m:	1:19.07	43.10	150m:	2:03.82	44.75	200m:	2:45.62	41.80	
8.				11	III					2:51.51	266	III
50m:	37.53	37.53	100m:	1:22.20	44.67	150m:	2:07.56	45.36	200m:	2:51.51	43.95	
9.				12	III					2:54.45	252	III
50m:	38.54	38.54	100m:	1:23.41	44.87	150m:	2:10.06	46.65	200m:	2:54.45	44.39	
DSQ				12	III							III

29 , 200m
10.11.2023 - 15:25

: FINA 2023

1.				09	I					2:32.18	492	I
50m:	34.39	34.39	100m:	1:13.56	39.17	150m:	1:52.69	39.13	200m:	2:32.18	39.49	
2.				09	II					2:35.73	459	I
50m:	35.13	35.13	100m:	1:13.82	38.69	150m:	1:54.35	40.53	200m:	2:35.73	41.38	
3.				10	II					2:44.93	386	II
50m:	37.14	37.14	100m:	1:20.19	43.05	150m:	2:04.19	44.00	200m:	2:44.93	40.74	
4.				09	II					2:45.18	384	II
50m:	37.91	37.91	100m:	1:20.48	42.57	150m:	2:03.24	42.76	200m:	2:45.18	41.94	
5.				09	II					2:48.18	364	II
50m:	38.31	38.31	100m:	1:22.21	43.90	150m:	2:06.43	44.22	200m:	2:48.18	41.75	
6.				10	II					2:50.50	350	II
50m:	37.86	37.86	100m:	1:22.37	44.51	150m:	2:07.54	45.17	200m:	2:50.50	42.96	
7.				10	II					2:52.14	340	II
50m:	38.89	38.89	100m:	1:23.36	44.47	150m:	2:08.06	44.70	200m:	2:52.14	44.08	
8.				10	II					2:56.10	317	II
50m:	37.16	37.16	100m:	1:21.86	44.70	150m:	2:09.72	47.86	200m:	2:56.10	46.38	
9.				10	III					3:00.32	295	III
50m:	39.90	39.90	100m:	1:25.52	45.62	150m:	2:13.09	47.57	200m:	3:00.32	47.23	
10.				09	III					3:03.10	282	III
50m:	40.92	40.92	100m:	1:28.17	47.25	150m:	2:16.92	48.75	200m:	3:03.10	46.18	
11.				09	III					3:04.32	277	III
50m:	41.45	41.45	100m:	1:26.73	45.28	150m:	2:13.60	46.87	200m:	3:04.32	50.72	
12.				09	III					3:05.47	271	III
50m:	39.86	39.86	100m:	1:27.89	48.03	150m:	2:17.40	49.51	200m:	3:05.47	48.07	
13.				10	III					3:10.03	252	III
50m:	41.89	41.89	100m:	1:30.33	48.44	150m:	2:20.07	49.74	200m:	3:10.03	49.96	



" ()
13-14 11-12
, 08-10 2023

30 , 200m
10.11.2023 - 15:35

: FINA 2023

1.				11	II				2:58.69	427	II	
	50m:	40.31	40.31	100m:	1:26.28	45.97	150m:	2:13.21	46.93	200m:	2:58.69	45.48
2.				11	II				2:58.99	424	II	
	50m:	40.91	40.91	100m:	1:26.85	45.94	150m:	2:13.62	46.77	200m:	2:58.99	45.37
3.				11	II				3:01.48	407	II	
	50m:	42.65	42.65	100m:	1:29.70	47.05	150m:	2:16.84	47.14	200m:	3:01.48	44.64
4.				12	II				3:03.59	393	II	
	50m:	41.47	41.47	100m:	1:29.36	47.89	150m:	2:18.26	48.90	200m:	3:03.59	45.33
5.				11	II				3:05.93	379	II	
	50m:	41.10	41.10	100m:	1:27.47	46.37	150m:	2:15.99	48.52	200m:	3:05.93	49.94
6.				11	II				3:07.22	371	II	
	50m:	41.80	41.80	100m:	1:29.43	47.63	150m:	2:18.71	49.28	200m:	3:07.22	48.51
7.				12	III				3:19.98	304	III	
	50m:	47.20	47.20	100m:	1:37.95	50.75	150m:	2:29.52	51.57	200m:	3:19.98	50.46
8.				11	III			-2	3:37.77	235	III	
	50m:	46.18	46.18	100m:	1:41.24	55.06	150m:	2:38.71	57.47	200m:	3:37.77	59.06
9.				11	III			-2	3:43.64	217		
	50m:	52.08	52.08	100m:	1:48.22	56.14	150m:	2:47.21	58.99	200m:	3:43.64	56.43
DSQ				12	II						III	

31 , 4 50m
10.11.2023 - 15:55

: FINA 2023

1.									1:57.07		
				09	+0.71	29.04			10	+0.77	29.13
				09	+0.42	33.13			09	+0.32	25.77
2.									1:59.56		
				09	+0.70	30.29			09	+0.38	28.51
				09	+0.67	34.02			10	+0.12	26.74
3.									2:03.29		
				09	+0.70	32.38			09	+0.57	29.40
				10	+0.52	35.48			09	+0.55	26.03
4.									2:09.88		
				09	+0.75	32.11			10	+0.45	33.77
				10	+0.58	36.57			10	+0.41	27.43
DSQ											
				09	+0.73	28.73			10	+0.56	
				10	+0.37	38.86			09	+0.44	



" 13-14 " ()
 , 08-10 11-12
 2023

32 , 4 50m
 10.11.2023 - 16:00

: FINA 2023

1.		11	+0.75	34.86		2:15.23	
		11	+0.63	40.06		11 +0.44 31.96	
2.		11	+0.73	34.73		2:19.80	
		12	+0.68	42.00		11 +0.80 33.20	
3.		11	+0.77	36.66		2:20.99	
		11	+0.71	39.73		11 +0.70 32.52	
4.		12	+0.74	35.48		2:23.83	
		12		38.21		11 +0.39 32.27	
5.		12	+0.74	36.10		2:23.97	
		12	+0.42	40.98		12 +0.70 34.79	
						12 +0.43 32.10	