



, 16-17 2024

15  
16.02.2024 - 15:17

, 400m

: FINA 2024

1.			09	I					<b>4:32.96</b>	524	I	
	50m:	30.28	30.28	150m:	1:39.21	34.52	250m:	2:49.86	34.70	350m:	4:00.15	35.07
	100m:	1:04.69	34.41	200m:	2:15.16	35.95	300m:	3:25.08	35.22	400m:	4:32.96	32.81
2.			08	I						<b>4:35.67</b>	508	II
	50m:	30.32	30.32	150m:	1:38.71	34.71	250m:	2:48.57	35.02	350m:	4:00.30	35.88
	100m:	1:04.00	33.68	200m:	2:13.55	34.84	300m:	3:24.42	35.85	400m:	4:35.67	35.37
3.			10	II					-1	<b>4:38.35</b>	494	II
	50m:	29.82	29.82	150m:	1:38.69	35.52	250m:	2:50.41	35.71	350m:	4:02.05	35.80
	100m:	1:03.17	33.35	200m:	2:14.70	36.01	300m:	3:26.25	35.84	400m:	4:38.35	36.30
4.			09	II						<b>4:41.89</b>	475	II
	50m:	32.18	32.18	150m:	1:44.59	36.61	250m:	2:57.26	35.97	350m:	4:07.85	34.49
	100m:	1:07.98	35.80	200m:	2:21.29	36.70	300m:	3:33.36	36.10	400m:	4:41.89	34.04
5.			07						-1	<b>4:46.00</b>	455	II
	50m:	30.95	30.95	150m:	1:40.10	35.38	250m:	2:52.06	36.46	350m:	4:08.04	38.04
	100m:	1:04.72	33.77	200m:	2:15.60	35.50	300m:	3:30.00	37.94	400m:	4:46.00	37.96
6.			09	II						<b>4:52.14</b>	427	II
	50m:	31.69	31.69	150m:	1:45.02	37.28	250m:	3:00.25	37.85	350m:	4:16.24	37.94
	100m:	1:07.74	36.05	200m:	2:22.40	37.38	300m:	3:38.30	38.05	400m:	4:52.14	35.90
7.			10	II						<b>4:56.38</b>	409	II
	50m:	32.52	32.52	150m:	1:48.19	38.49	250m:	3:04.18	37.91	350m:	4:19.44	36.50
	100m:	1:09.70	37.18	200m:	2:26.27	38.08	300m:	3:42.94	38.76	400m:	4:56.38	36.94
8.			10	II					-2	<b>5:00.34</b>	393	II
	50m:	32.60	32.60	150m:	1:48.34	38.09	250m:	3:06.52	39.11	350m:	4:24.67	38.83
	100m:	1:10.25	37.65	200m:	2:27.41	39.07	300m:	3:45.84	39.32	400m:	5:00.34	35.67
9.			09	II						<b>5:01.40</b>	389	II
	50m:	33.74	33.74	150m:	1:50.81	39.27	250m:	3:10.16	39.68	350m:	4:26.81	36.63
	100m:	1:11.54	37.80	200m:	2:30.48	39.67	300m:	3:50.18	40.02	400m:	5:01.40	34.59
10.			10	II						<b>5:03.85</b>	379	II
	50m:	33.56	33.56	150m:	1:49.82	39.18	250m:	3:09.50	39.45	350m:	4:27.13	38.00
	100m:	1:10.64	37.08	200m:	2:30.05	40.23	300m:	3:49.13	39.63	400m:	5:03.85	36.72
11.			10	II						<b>5:06.96</b>	368	II
	50m:	32.69	32.69	150m:	1:48.09	38.38	250m:	3:08.43	40.22	350m:	4:29.11	40.49
	100m:	1:09.71	37.02	200m:	2:28.21	40.12	300m:	3:48.62	40.19	400m:	5:06.96	37.85

(16 - 18 )

1.			08	I						<b>4:35.67</b>	508	II
	50m:	30.32	30.32	150m:	1:38.71	34.71	250m:	2:48.57	35.02	350m:	4:00.30	35.88
	100m:	1:04.00	33.68	200m:	2:13.55	34.84	300m:	3:24.42	35.85	400m:	4:35.67	35.37
2.			07						-1	<b>4:46.00</b>	455	II
	50m:	30.95	30.95	150m:	1:40.10	35.38	250m:	2:52.06	36.46	350m:	4:08.04	38.04
	100m:	1:04.72	33.77	200m:	2:15.60	35.50	300m:	3:30.00	37.94	400m:	4:46.00	37.96

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Swiss Timing Quantum Aquatic



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2024

15, , 400m

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1.				09	I					<b>4:32.96</b>	524	I
	50m:	30.28	30.28	150m:	1:39.21	34.52	250m:	2:49.86	34.70	350m:	4:00.15	35.07
	100m:	1:04.69	34.41	200m:	2:15.16	35.95	300m:	3:25.08	35.22	400m:	4:32.96	32.81
2.				10	II					<b>4:38.35</b>	494	II
	50m:	29.82	29.82	150m:	1:38.69	35.52	250m:	2:50.41	35.71	350m:	4:02.05	35.80
	100m:	1:03.17	33.35	200m:	2:14.70	36.01	300m:	3:26.25	35.84	400m:	4:38.35	36.30
3.				09	II					<b>4:41.89</b>	475	II
	50m:	32.18	32.18	150m:	1:44.59	36.61	250m:	2:57.26	35.97	350m:	4:07.85	34.49
	100m:	1:07.98	35.80	200m:	2:21.29	36.70	300m:	3:33.36	36.10	400m:	4:41.89	34.04
4.				09	II					<b>4:52.14</b>	427	II
	50m:	31.69	31.69	150m:	1:45.02	37.28	250m:	3:00.25	37.85	350m:	4:16.24	37.94
	100m:	1:07.74	36.05	200m:	2:22.40	37.38	300m:	3:38.30	38.05	400m:	4:52.14	35.90
5.				10	II					<b>4:56.38</b>	409	II
	50m:	32.52	32.52	150m:	1:48.19	38.49	250m:	3:04.18	37.91	350m:	4:19.44	36.50
	100m:	1:09.70	37.18	200m:	2:26.27	38.08	300m:	3:42.94	38.76	400m:	4:56.38	36.94
6.				10	II					<b>5:00.34</b>	393	II
	50m:	32.60	32.60	150m:	1:48.34	38.09	250m:	3:06.52	39.11	350m:	4:24.67	38.83
	100m:	1:10.25	37.65	200m:	2:27.41	39.07	300m:	3:45.84	39.32	400m:	5:00.34	35.67
7.				09	II					<b>5:01.40</b>	389	II
	50m:	33.74	33.74	150m:	1:50.81	39.27	250m:	3:10.16	39.68	350m:	4:26.81	36.63
	100m:	1:11.54	37.80	200m:	2:30.48	39.67	300m:	3:50.18	40.02	400m:	5:01.40	34.59
8.				10	II					<b>5:03.85</b>	379	II
	50m:	33.56	33.56	150m:	1:49.82	39.18	250m:	3:09.50	39.45	350m:	4:27.13	38.00
	100m:	1:10.64	37.08	200m:	2:30.05	40.23	300m:	3:49.13	39.63	400m:	5:03.85	36.72
9.				10	II					<b>5:06.96</b>	368	II
	50m:	32.69	32.69	150m:	1:48.09	38.38	250m:	3:08.43	40.22	350m:	4:29.11	40.49
	100m:	1:09.71	37.02	200m:	2:28.21	40.12	300m:	3:48.62	40.19	400m:	5:06.96	37.85

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