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, 23-25 2024

15 , 400m  
24.06.2024 - 16:30

: FINA 2023

1.				91				-1	540	<b>4:20.59</b>	I
	50m:	27.13	27.13	150m:	1:30.04	32.07	250m:	2:37.50	34.20	350m:	3:46.82 34.51
	100m:	57.97	30.84	200m:	2:03.30	33.26	300m:	3:12.31	34.81	400m:	4:20.59 33.77
2.				09	I				530	<b>4:22.13</b>	I
	50m:	27.70	27.70	150m:	1:32.25	33.24	250m:	2:40.31	34.03	350m:	3:49.47 34.23
	100m:	59.01	31.31	200m:	2:06.28	34.03	300m:	3:15.24	34.93	400m:	4:22.13 32.66
3.				08	I				519	<b>4:24.01</b>	I
	50m:	28.60	28.60	150m:	1:33.02	33.04	250m:	2:40.29	33.59	350m:	3:50.45 35.31
	100m:	59.98	31.38	200m:	2:06.70	33.68	300m:	3:15.14	34.85	400m:	4:24.01 33.56
4.				10	I			-1	507	<b>4:26.13</b>	II
	50m:	29.14	29.14	150m:	1:34.24	33.22	250m:	2:41.88	34.11	350m:	3:52.18 35.07
	100m:	1:01.02	31.88	200m:	2:07.77	33.53	300m:	3:17.11	35.23	400m:	4:26.13 33.95
5.				09	I				461	<b>4:34.61</b>	II
	50m:	28.78	28.78	150m:	1:36.51	34.37	250m:	2:46.94	35.58	350m:	3:59.29 36.44
	100m:	1:02.14	33.36	200m:	2:11.36	34.85	300m:	3:22.85	35.91	400m:	4:34.61 35.32
6.				09	I			-1	460	<b>4:34.91</b>	II
	50m:	30.07	30.07	150m:	1:37.93	34.44	250m:	2:47.49	34.88	350m:	3:59.49 36.10
	100m:	1:03.49	33.42	200m:	2:12.61	34.68	300m:	3:23.39	35.90	400m:	4:34.91 35.42
7.				09	II				434	<b>4:40.23</b>	II
	50m:	33.08	33.08	150m:	1:44.09	35.58	250m:	2:55.67	35.59	350m:	4:05.89 34.18
	100m:	1:08.51	35.43	200m:	2:20.08	35.99	300m:	3:31.71	36.04	400m:	4:40.23 34.34
8.				10	II				367	<b>4:56.19</b>	II
	50m:	33.06	33.06	150m:	1:48.55	38.27	250m:	3:05.92	38.56	350m:	4:21.58 37.87
	100m:	1:10.28	37.22	200m:	2:27.36	38.81	300m:	3:43.71	37.79	400m:	4:56.19 34.61
9.				10	II			-1	345	<b>5:02.57</b>	III
	50m:	33.66	33.66	150m:	1:50.33	38.12	250m:	3:08.18	39.47	350m:	4:25.11 38.88
	100m:	1:12.21	38.55	200m:	2:28.71	38.38	300m:	3:46.23	38.05	400m:	5:02.57 37.46
10.				08	I				291	<b>5:20.27</b>	III
	50m:	35.50	35.50	150m:	1:57.73	42.04	250m:	3:20.54	41.37	350m:	4:41.00 39.99
	100m:	1:15.69	40.19	200m:	2:39.17	41.44	300m:	4:01.01	40.47	400m:	5:20.27 39.27
11.				09	II				258	<b>5:33.06</b>	III
	50m:	32.78	32.78	150m:	1:54.65	42.16	250m:	3:22.51	44.09	350m:	4:50.75 44.03
	100m:	1:12.49	39.71	200m:	2:38.42	43.77	300m:	4:06.72	44.21	400m:	5:33.06 42.31