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			/			R.T.					
1.			2011	I				+0,81	5:01.43	II	451
	50m:	32.42	150m:	1:47.82	38.37	250m:	3:04.96	38.40	350m:	4:22.94	39.32
	100m:	1:09.45	200m:	2:26.56	38.74	300m:	3:43.62	38.66	400m:	5:01.43	38.49
2.			2011	II				+0,95	5:06.88	II	428
	50m:	33.74	150m:	1:50.62	38.94	250m:	3:08.83	39.59	350m:	4:28.05	39.23
	100m:	1:11.68	200m:	2:29.24	38.62	300m:	3:48.82	39.99	400m:	5:06.88	38.83
3.			2012	II				+0,91	5:11.66	II	408
	50m:	34.85	150m:	1:52.13	39.31	250m:	3:12.48	40.52	350m:	4:34.39	41.07
	100m:	1:12.82	200m:	2:31.96	39.83	300m:	3:53.32	40.84	400m:	5:11.66	37.27
4.			2012	II					5:13.33	II	402
	50m:	34.37	150m:	1:51.37	39.22	250m:	3:12.14	40.77	350m:	4:33.10	40.34
	100m:	1:12.15	200m:	2:31.37	40.00	300m:	3:52.76	40.62	400m:	5:13.33	40.23
5.			2011	II					5:14.47	II	397
	50m:	34.62	150m:	1:54.49	41.17	250m:	3:14.11	39.57	350m:	4:35.20	40.65
	100m:	1:13.32	200m:	2:34.54	40.05	300m:	3:54.55	40.44	400m:	5:14.47	39.27
6.			2011	II				+0,76	5:20.53	II	375
	50m:	35.27	150m:	1:55.81	41.13	250m:	3:17.10	40.81	350m:	4:40.27	41.43
	100m:	1:14.68	200m:	2:36.29	40.48	300m:	3:58.84	41.74	400m:	5:20.53	40.26
7.			2013	III				+0,84	5:22.93	II	367
	50m:	35.15	150m:	1:55.47	41.42	250m:	3:19.26	42.02	350m:	4:42.56	41.19
	100m:	1:14.05	200m:	2:37.24	41.77	300m:	4:01.37	42.11	400m:	5:22.93	40.37
8.			2011	II		-1		+0,84	5:25.89	II	357
	50m:	34.95	150m:	1:58.06	42.01	250m:	3:21.93	41.62	350m:	4:46.65	42.31
	100m:	1:16.05	200m:	2:40.31	42.25	300m:	4:04.34	42.41	400m:	5:25.89	39.24
9.			2013	II					5:36.83	III	323
	50m:	37.33	150m:	2:01.86	43.03	250m:	3:27.85	43.04	350m:	4:53.90	43.15
	100m:	1:18.83	200m:	2:44.81	42.95	300m:	4:10.75	42.90	400m:	5:36.83	42.93
10.			2011	II					5:39.99	III	314
	50m:	37.90	150m:	2:06.39	44.81	250m:	3:35.27	44.79	350m:	5:01.46	41.71
	100m:	1:21.58	200m:	2:50.48	44.09	300m:	4:19.75	44.48	400m:	5:39.99	38.53
11.			2012	II				+0,83	5:43.26	III	305
	50m:	36.56	150m:	2:03.66	44.93	250m:	3:32.07	44.78	350m:	5:00.49	43.62
	100m:	1:18.73	200m:	2:47.29	43.63	300m:	4:16.87	44.80	400m:	5:43.26	42.77
12.			2012	III		-2			5:50.62	III	287
	50m:	38.78	150m:	2:08.67	45.63	250m:	3:39.11	45.06	350m:	5:07.28	42.97
	100m:	1:23.04	200m:	2:54.05	45.38	300m:	4:24.31	45.20	400m:	5:50.62	43.34
13.			2012	III				+0,63	5:51.47	III	285
	50m:	36.77	150m:	2:04.60	44.90	250m:	3:35.40	45.92	350m:	5:07.79	46.04
	100m:	1:19.70	200m:	2:49.48	44.88	300m:	4:21.75	46.35	400m:	5:51.47	43.68
14.			2013	II		-2			5:51.86	III	284
	50m:	36.88	150m:	2:02.99	44.56	250m:	3:34.29	46.14	350m:	5:06.67	46.24
	100m:	1:18.43	200m:	2:48.15	45.16	300m:	4:20.43	46.14	400m:	5:51.86	45.19

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